

Agenda Date: 9/25/2018 Agenda Placement: 6E

# NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

**TO:** Board of Supervisors

**FROM:** JoAnn Melgar for Mary Butler - Interim Director

Health & Human Services Administration

**REPORT BY:** JoAnn Melgar, Staff Services Analyst II - 707-253-4722

**SUBJECT:** Renewal Agreement with Aldea, Inc. (First Episode Psychosis Treatment)

## **RECOMMENDATION**

Interim Director of Health and Human Services requests approval of and authorization for the Chair to sign the renewal of Agreement No. 170822B with Aldea, Inc. for a maximum of \$117,081 for the term October 1, 2018 through September 30, 2019 and each automatic renewal thereof to provide First Episode Psychosis treatment to Napa County residents ages 12 through 28.

#### **EXECUTIVE SUMMARY**

The purpose of today's requested action is to renew Agreement No. 170822B Aldea, Inc. and place the agreement on automatic renewal. The current agreement is scheduled to terminate on September 30, 2018, however, Health and Human Services Agency has received continued funding from Substance Abuse and Mental Health Services Administration (SAMHSA) for this program to continue. Staff anticipates that the funding for this program will remain consistent and is therefore recommending that the agreement be placed on automatic renewal to avoid interruption of services. The terms and the contract maximum of the renewal agreement are identical to the current agreement.

Aldea, Inc. is a local vendor.

#### **FISCAL IMPACT**

Is there a Fiscal Impact? Yes

Is it currently budgeted? Yes

Where is it budgeted? Health & Human Services Mental Health

Is it Mandatory or Discretionary? Discretionary

Discretionary Justification: While approval of this amendment is discretionary, Napa County has received

continued funding for its ongoing Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Community Services Block Grant (MHBG) by the California Department of Health Care Services. This amendment will extend the current agreement with the provider for an additional 12 months and include an annual auto-renewal language.

Is the general fund affected? No

Future fiscal impact: This agreement terms on September 30, 2019 but contains a provision for

auto-renewal. It is included in the approved Fiscal Year 2018-2019 budget and

will be included in future fiscal year appropriations accordingly.

Consequences if not approved: If the agreement is not approved, the Napa County Mental Health Division

would have to return the MHBG First Episode Psychosis treatment funding and

the resources for services to individuals with serious mental illness and

substance use issues would be drastically reduced.

Additional Information:

## **ENVIRONMENTAL IMPACT**

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

## BACKGROUND AND DISCUSSION

Napa County Health and Human Service (HHSA) Mental Health Division was granted Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Block Grant (MHBG) First Episode Psychosis (FEP) funding to provide services to individuals experiencing their first episode of psychosis. The Health and Human Services Agency (HHSA) Mental Health Division proposes to do this through a contract with Aldea Inc. to provide collaborative, comprehensive, effective, evidenced-based treatment to individuals that meet criteria for having had a first episode of psychosis, within the last three years. This program seeks to engage individuals as early as possible after their first episode of psychosis. Research increasingly shows that early treatment is necessary to prevent deterioration and resistance to treatment. Research also shows that treatment is less effective the longer patients go without receiving it. Early identification and intervention significantly increases the likelihood for substantial improvement in functioning, symptomatology and prognosis.

Aldea, Inc. provides collaborative, comprehensive, effective, evidenced-based treatment to Napa County residents, ages 12 through 28, who meet criteria for having had a first episode of psychosis within the last three years. This program engages individuals as early as possible after their first episode of psychosis. Aldea, Inc. was chosen because they have experience with providing this service and understand the funding expectations and limitations.

The goals of Aldea's program include: 1) treat individuals who meet FEP criteria and prevent subsequent psychotic episodes; and 2) to support these same individuals in managing and reducing their symptoms, reaching their goals, and becoming more fully functioning members of society. Aldea works in close collaboration with HHSA

Page 3

Mental Health Division, community partners, local hospitals, and all relevant providers. Aldea Multi-disciplinary Treatment Team meetings are held regularly and outside providers or parties involved with the family and/or individual who are invited by the family to be a member of the treatment team are encouraged to participate. Services are both community and office-based with flexible hours so as to increase accessibility.

Aldea, Inc. is a local vendor.

## **SUPPORTING DOCUMENTS**

None

CEO Recommendation: Approve

Reviewed By: Ben Guerrieri