



A Tradition of Stewardship
A Commitment to Service

Agenda Date: 7/21/2020

Agenda Placement: 6E

NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

TO: Board of Supervisors

FROM: JoAnn Melgar for Jennifer Yasumoto - Director
Health & Human Services Administration

REPORT BY: JoAnn Melgar, Staff Services Analyst II - 707-253-4722

SUBJECT: Actions regarding Mental Health Block Grant funding

RECOMMENDATION

Director of Health and Human Services requests approval of and authorization for the Chair to:

1. Sign a Revenue Agreement with the California Department of Health Care Services for a maximum of \$608,084 for the term July 1, 2020 through June 30, 2021 for Community Mental Health Services Block Grant (MHBG) funds to provide mental health services to individuals with serious mental illness and substance abuse issues;
2. Terminate current Agreement No. 170337B (previously Agreement No. 3851) with Mentis, Inc. as of July 1, 2020 and replace it with the new Agreement;
3. Sign a new Agreement with Mentis, Inc. for an annual maximum of \$224,018 for the term July 1, 2020 through June 30, 2021 and each automatic renewal thereof to provide mental health services for the Satellite Housing Program of the Health and Human Services Agency; and
4. Sign Amendment No. 1 to Agreement No. 170822B with Aldea, Inc. increasing the amount by \$73,711 for a new annual maximum of \$190,792, amending Contract Administration, Specific Terms and Conditions, the Scope of Work and Compensation exhibits to provide First Episode Psychosis (FEP) Treatment to Napa County residents ages 12 through 28 years of age.

EXECUTIVE SUMMARY

The purpose of today's requested action is to approve a Revenue Agreement with the California Department of Health Care Services for the term July 1, 2020 through June 30, 2021 for the Community Mental Health Services Block Grant (MHBG) funding allocation in the amount of \$608,084. In addition, staff is requesting approval for changes to Agreements with Mentis, Inc. and Aldea, Inc. that receive MHBG funding.

The County has contracted with Mentis, Inc. since 2003 to provide mental health services for the Satellite Housing

Program of the Health and Human Services Agency (HHS). Staff is requesting that the Board approve a new Agreement with Mentis, Inc. for an annual maximum of \$224,018 for the term July 1, 2020 through June 30, 2021 and each automatic renewal thereof and to terminate current Agreement No. 170337B (previously Agreement No. 3851) with Mentis, Inc. as of July 1, 2020 and replace it with the new Agreement. The maximum amount of the new Agreement is \$10,875 more than the current Agreement, which will provide funding for increased bed capacity.

The County entered into Agreement No. 170822B with Aldea, Inc. on October 1, 2018 to provide First Episode Psychosis (FEP) Treatment to Napa County residents ages 12 through 28 years of age. Approval of Amendment No. 1 to this Agreement will:

1. Increase the amount by \$73,711 for a new annual maximum of \$190,792;
2. Modify Section 1-Contract Administration subparagraph 1.4 to change the name of the program manager to the name of the current Deputy Director of the Mental Health Division;
3. Modify Section 1-Contract Administration subparagraph 1.8 to add the Substance Abuse and Mental Health Block Grant (SAMSHA MHBG) Agreement No. 180222B to require Aldea, Inc. to follow its provisions;
4. Modify Specific Term and Condition 3.1(l) to change the amount of Federal Funding under this Agreement because this is a subrecipient Agreement;
5. Incorporate Specific Term and Condition 3.4 to delegate authority to the Director of HHS to approve future amendments to Exhibit A-1 and Exhibit B-1 provided that any such amendment does not add new services to be provided or increase the maximum compensation;
6. Replace Exhibit A (Scope of Work) with Exhibit A-1 to redefine staffing positions and update reportable outcomes; and
7. Replace Exhibit B (Compensation, Financial Reporting and Budget) with Exhibit B-1 to incorporate a new budget for Fiscal Year 2020-2021 and each automatic renewal thereof.

Mentis, Inc. and Aldea, Inc. are local vendors.

FISCAL & STRATEGIC PLAN IMPACT

Is there a Fiscal Impact?	Yes
Is it currently budgeted?	Yes
Where is it budgeted?	MHBG Grant - Health and Human Services Mental Health- Mental Health Block Grant Mentis, Inc. - Health and Human Services Mental Health 2000200 Aldea, Inc. - Health and Human Services Mental Health 2000200
Is it Mandatory or Discretionary?	Discretionary
Discretionary Justification:	MHBG Grant - This action is discretionary in that HHS is not required to apply for or accept this funding. The California Department of Health Care Services has awarded Napa County funding for its ongoing Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Community Services Block Grant (MHBG). Mentis, Inc. - Approval of this new Agreement is not mandatory, however it will allow this Agreement to be fully-funded with the MHBG grant. The current Agreement No. 170337B is funded

partially with county dollar.

Aldea, Inc. - While approval of this amendment is discretionary, Napa County has received continued funding for its ongoing Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Community Services Block Grant (MHBG) from the California Department of Health Care Services.

Is the general fund affected?

No

Future fiscal impact:

MHBG Grant - This Agreement terminates on June 30, 2021 and is included in the approved Fiscal Year 2020-2021 budget.

Mentis, Inc. - This Agreement contains a provision for automatic annual renewal. Appropriations have been included in the approved Fiscal Year 2020-2021 budget and future fiscal years will be budgeted accordingly.

Aldea, Inc. - This Agreement contains a provision for automatic annual renewal. Appropriations have been included in the approved Fiscal Year 2020-2021 budget and future fiscal years will be budgeted accordingly.

Consequences if not approved:

MHBG Grant - If not approved, current and future SAMHSA MHBG funding from DHCS would be in jeopardy. Resources for services to individuals and veterans with serious mental illness or a co-occurring mental health and substance use disorder who are homeless or at imminent risk of becoming homeless would be drastically reduced, leading to increased costs to the County.

Mentis, Inc. - Mentally ill clients who currently have some capacity to maintain independent living situations with this level of supportive services would be at greater risk of becoming homeless and/or require higher and more expensive levels of care.

Aldea, Inc. - Napa County Mental Health Division will forgo awarded SAMHSA Mental Health Block Grant First Episode Psychosis funding and contractor will lose the opportunity to serve a facet of the population that is in great need of specialty mental health services.

County Strategic Plan pillar addressed: Healthy, Safe, and Welcoming Place to Live, Work, and Visit

Additional Information:

ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

BACKGROUND AND DISCUSSION

Mental Health Block Grant Revenue Agreement:

The purpose of the State Fiscal Year (SFY) 2020-2021 Community Mental Health Services Block Grant (MHBG) is to establish or expand community-based systems of care to provide mental health services to individuals with serious mental illness and substance abuse issues.

For SFY 2020-2021, the Napa County Health and Human Services Agency's (HHSA) Mental Health Division received an initial allocation of \$608,084, which consists of three components: a Base Allocation of \$343,203, a Dual Diagnosis allocation of \$69,089 and a First Episode Psychosis (FEP) allocation of \$195,792. These allocations are being used to fund the following projects within the HHSA Mental Health Division:

1. Substance Abuse and Mental Health Block Grant (SAMSHA MHBG) Base Allocation
 - a. Provide supportive housing services for seriously mentally ill adults in Napa County to prevent or reduce institutional usage. The HHSA Mental Health Division will do this through its current Agreement with a community-based organization, Mentis, Inc. (Satellite Housing program) to provide the direct services. SAMSHA MHBG Base Allocation funding will be used to fully fund operational costs of the supportive housing services provided by Mentis, Inc. The target population for the program is adults with a serious mental illness (SMI) who are at risk of inpatient psychiatric hospitalization and/or discharging from an institutional setting back into the community;
 - b. Provide supportive forensic specialty mental health services to individuals involved with the Napa County's Public Defender's Office through a designated Mental Health Counselor. This designated staff will case-find and follow-up with an often-reluctant client population, assess the needs of individuals served, counsel individuals with behavioral health issues and their significant others as appropriate, and make referrals to resources and services. This designated staff will work collaboratively with other involved agencies, including Probation, Alcohol and Drug Services, etc., and with other members of the HHSA Mental Health Division's Forensic Mental Health team to coordinate services; and provide information, resources and consultation to attorneys in the Public Defender's Office regarding the behavioral health needs of the clients they serve. Additionally, this designated staff will provide formal training in behavioral health issues to Public Defender staff as requested. The target population for the Forensic Mental Health Service is SMI adult 18 years of age and above who are involved with the Napa County Public Defender's Office; and,
 - c. Provide supportive mental health outreach and engagement services to individuals in need through designated HHSA Mental Health Division staff. Services will be provided in key community areas including but not limited to: community and family resource centers, court and community schools, and community based health care providers. Designated staff will work collaboratively to coordinate services, make referrals for ongoing specialty mental health services (SMHS) and other services as needed, provide brief interventions, and provide information, resources, and consultation to community providers regarding the behavioral health needs of the individuals they serve.
2. MHBG Dual Diagnosis Allocation - Assist individuals with co-occurring mental health and alcohol and drug disorders to receive services designed to reduce immediate harm to themselves and others and to assist them to stabilize. The HHSA Mental Health Division will accomplish this by funding a Mental Health Counselor position to provide outreach, engagement, assessment, brief "in-the-moment" supportive counseling, and referral services to individuals identified as having co-occurring mental health and substance abuse disorders. These services are provided 20 hours per week. This designated staff is trained in program criteria for both mental health and substance abuse programs and will make referrals and assist with "warm handoffs" to these programs as appropriate. This position is embedded within the Napa Police Department. The target population for the SAMSHA Dual Diagnosis MHBG is adults identified as having or suspected of having co-occurring disorders.
3. MHBG First Episode Psychosis (FEP) Allocation - Support evidence-based programs that address the needs of individuals with early Severe Mental Illness (SMI), including FEP. The HHSA Mental Health Division will accomplish this:

- a. Through its current Agreement with Aldea, Inc.. The goal of Aldea's Early Diagnosis and Prevention Treatment (EDAPT) Supported Outreach and Access to Resources (SOAR) program is to reduce the negative outcomes that may result from untreated psychotic illness through early identification and comprehensive treatment of psychosis. Early identification and evidence-based intervention are necessary and effective steps in reducing the impact of psychosis on affected individuals, their families, and our community. The target population is individuals between the ages of 12 and 28 who meet the criteria for having had a first episode psychosis (FEP) within the last three years or up to five years, if needed. Individuals exhibiting symptoms that are indicative of the following diagnosis: Schizophrenia, schizoaffective disorder, schizophreniform disorder, psychotic disorder, psychotic disorder NOS, and schizophrenia spectrum disorder. The program will also serve clients diagnosed with bipolar or major depressive disorder but symptoms must include psychosis; and,
- b. By providing trainings to identified community organizations and partner agencies on FEP. The goals of the training are to provide education on what FEP is, what the signs and symptoms are, best practices related to FEP, and the services available for FEP in the community. The target audience for this training is law enforcement, probation, schools, HHSA Divisions and other community agencies and partners as needed and requested. Trainings have been developed and will be provided by designated HHSA Mental Health Division staff.

Mentis, Inc. Agreement:

Mentis, Inc. administers the Satellite Housing Program, a community-based program that provides transitional group housing and individualized support services to mentally ill adults with the goal of preventing a return to a more restrictive living environment. The program encourages and assists clients to move toward more independent living arrangements. A minimum of 16 individuals are housed at any one time in one of the three houses operated by Mentis, Inc. All individuals participating in the program have a history of disabling, psychiatric problems that may benefit from a community-based, supported independent living arrangement.

Pursuant to the Agreement, Mentis, Inc. provides the following services for individuals participating in the Satellite Housing Program:

- | admission evaluations and develops program-related service goals;
- | assesses independent living skills and capacity to function in a supported, independent living arrangement;
- | assists individuals to develop and practice the relational, social, and living skills required to remain in a supported independent living arrangement or transition to independence;
- | documents progress;
- | provides transportation to medical appointments and other significant events and activities;
- | assists in the development and implementation of an individualized after-care plan to facilitate transition to independent living; and
- | provides a safe, confidential, clean and sober environment.

Mentis, Inc. is a local vendor.

Aldea, Inc. Agreement:

This program seeks to engage individuals as early as possible after their first episode of psychosis. Research increasingly shows that early treatment is necessary to prevent deterioration and resistance to treatment. Research also shows that treatment is less effective the longer patients go without receiving it. Early identification

and intervention significantly increases the likelihood for substantial improvement in functioning, symptomatology and prognosis.

Aldea, Inc. provides collaborative, comprehensive, effective, evidenced-based treatment to Napa County residents, ages 12 through 28, who meet criteria for having had a first episode of psychosis within the last three years. This program engages individuals as early as possible after their first episode of psychosis. Aldea, Inc. was chosen because they have experience with providing this service and understand the funding expectations and limitations. The goals of Aldea's program include:

- | treating individuals who meet FEP criteria and preventing subsequent psychotic episodes; and
- | supporting these same individuals in managing and reducing their symptoms, reaching their goals, and becoming more fully functioning members of society.

Aldea, Inc. works in close collaboration with HHS Mental Health Division, community partners, local hospitals, and all relevant providers. Aldea Inc.'s multi-disciplinary Treatment Team meetings are held regularly and outside providers or parties involved with the family and/or individual who are invited by the family to be a member of the treatment team are encouraged to participate. Services are both community and office-based with flexible hours so as to increase accessibility.

Aldea, Inc. is a local vendor.

SUPPORTING DOCUMENTS

None

CEO Recommendation: Approve

Reviewed By: Ben Guerrieri