



A Tradition of Stewardship
A Commitment to Service

Agenda Date: 6/6/2017
Agenda Placement: 6M

NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

TO: Board of Supervisors
FROM: JoAnn Melgar for Howard Himes - Director
Health & Human Services Administration
REPORT BY: JoAnn Melgar, Staff Services Analyst II - 707-253-4722
SUBJECT: Agreement with Rex Adamson, M.D.

RECOMMENDATION

Director of Health and Human Services requests approval of and authorization for the Chair to sign an agreement with Rex Adamson, M.D. for a maximum of \$9,000 for the term January 1, 2017 through June 30, 2017 and each automatic renewal thereof to provide outpatient mental health services to persons eligible for such benefits under the Medi-Cal program.

EXECUTIVE SUMMARY

Approval of this agreement will initiate a contract with Davis Guest Home's site psychiatrist, Dr. Rex Adamson. Dr. Adamson provides medication support services to Napa County clients placed at Davis Guest Home. This agreement is an effort to formalize his services and reimburse his costs, which can be billed to Medi-Cal. The fees for Dr. Adamson's services are not included in the County's agreement with Davis Guest Home and therefore a separate agreement is necessary. Davis Guest home provides board and care level housing in the community with enhanced staffing and services for adult mental health clients formerly in long term locked settings.

Staff is requesting this agreement begin January 1, 2017 in order to compensate Dr. Adamson for Napa County clients he has seen since that date. This was necessary because up until very recently, Dr. Adamson was the only psychiatrist onsite at Davis Guest Home. Negotiations for this agreement took much longer than expected and multiple meetings and conversations were necessary in order to obtain necessary certification documentation and clarify compliance and authorization procedures.

Dr. Rex Adamson is not a local vendor.

FISCAL IMPACT

Is there a Fiscal Impact?	Yes
Is it currently budgeted?	Yes
Where is it budgeted?	Health & Human Services Mental Health
Is it Mandatory or Discretionary?	Discretionary
Discretionary Justification:	Approval of the requested item is discretionary in that there is no mandate to have this specific contract. However, as the State Contracted Mental Health Plan, the County is mandated by the State Department of Health Care Services (DHCS) to obtain mental health services for its clients. This contractor provides the necessary services to meet that requirement
Is the general fund affected?	No
Future fiscal impact:	The agreement contains an automatic annual renewal provision, which allows the County the option to continue these services in the following fiscal year. Appropriations for future fiscal years will be budgeted accordingly.
Consequences if not approved:	If this agreement is not approved, the County might be unable to provide the necessary mental health services to clients in a timely and effective manner and would be in breach of its DHCS Mental Health Plan agreement. Additionally, Dr. Adamson would not be reimbursed for mandatory services provided to Napa County clients placed at the Davis Guest Home facility.
Additional Information:	

ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

BACKGROUND AND DISCUSSION

Approval of this agreement will initiate a contract with Davis Guest Home's site psychiatrist, Dr. Rex Adamson. Dr. Adamson provides medication support services to Napa County clients. The purpose of this agreement is to formalize his services and reimburse his costs, which can be billed to Medi-Cal.

Davis Guest home provides board and care level housing in the community with enhanced staffing and services for adult mental health clients formerly in long term locked settings. Davis Guest Home is designed to provide long term stable housing for residents who are unable to maintain traditional Board and Care community placements because of insufficient structure and support in these programs to meet their needs; and who are unable to maintain residential care placements because their symptoms and/or behaviors impede their ability to function at the level of independence required by these programs. Medication support services provided by Dr. Adamson are an integral part of the Davis Guest home program.

Dr. Adamson's services include medication support and assessment, which are billable to Medi-Cal. Dr. Adamson will also provide conservatorship services that will not be billed to Medi-Cal.

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SUPPORTING DOCUMENTS

None

CEO Recommendation: Approve

Reviewed By: Bret Prebula