



A Tradition of Stewardship
A Commitment to Service

Agenda Date: 6/18/2019

Agenda Placement: 6J

NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

TO: Board of Supervisors

FROM: Shelli Brobst for Jennifer Yasumoto - Director
Health & Human Services Administration

REPORT BY: Shelli Brobst, Contracts Manager - 253-4720

SUBJECT: Actions Regarding the Mental Health Services Act (Prevention and Early Intervention)

RECOMMENDATION

Director of Health and Human Services requests approval of the following actions for the provision of Prevention and Early Intervention (PEI) services under the County's Mental Health Services Act PEI Plan:

1. Authorization for the Chair to sign the following amendments, each amending the scope of work to clarify current requirements, incorporate additional obligations to align with new PEI regulations and amending the Specific Terms and Conditions with no changes to the contract maximums or the term:
 - a. Amendment No. 2 to Agreement No. 170344B with Suscol Intertribal Council, Inc.;
 - b. Amendment No. 2 to Agreement No. 170454B with Cope Family Center, Inc.;
 - c. Amendment No. 2 to Agreement No. 170509B with On The Move, Inc.
 - d. Amendment No. 2 to Agreement No. 170516B with NEWS, Inc.;
 - e. Amendment No. 2 to Agreement No. 170616B with Napa County Office of Education;
 - f. Amendment No. 3 to Agreement No. 170453B with Cope Family Center, Inc.;
 - g. Amendment No. 3 to Agreement No. 170556B with Up Valley Family Centers, Inc.;
 - h. Amendment No. 3 to Agreement No. 170633B with Mentis, Inc.; and
2. Authorization for the Chair to sign a new agreement with Napa Valley Unified Educational Foundation for a maximum of \$159,807 for the term July 1, 2019 through June 30, 2020 with a provision for annual renewal for the provision of Student Assistance Programs in American Canyon schools.

EXECUTIVE SUMMARY

Proposition 63, the Mental Health Services Act (MHSA), which became law on January 1, 2005, is designed to "expand mental health services" in California with funding provided for prevention and early intervention, services to children, services to adults and older adults, education and training, and innovative programs. Funds must be used to expand, not supplant, services or county funds.

Approval of today's action will incorporate new requirements into each of the amendments, with no change to the contract maximums:

- | Clarifies the evaluation requirements and process for the contractor. This change allows the County to adjust the evaluation process based on State changes.
- | Requires contractor to provide cultural competency training to their staff, which is mandated by state regulations.
- | Requires contractor to publicly recognize in their promotional materials, social media presence, etc. that their program receives support from Napa County Health and Human Services Mental Health Division's Mental Health Services Act Funds.
- | Notifies contractor that they may resolve MHSA issues using the MHSA Issues Resolution Process, which is a requirement of MHSA regulations.
- | Includes language requiring contractor to work with County to develop logic models and outcome reports that comply with MHSA regulations.
- | Incorporates a Specific Term and Condition to authorize the Director of Health and Human Services to approve future amendments to the Exhibits, with the exception of any changes to the compensation.

In addition, approval of today's action enables HHS to enter into a new agreement with Napa Valley Unified Educational Foundation for the Student Assistance Program (SAP) Prevention and Early Intervention (PEI) Project. The SAP addresses the prevention and early intervention needs of under-served at-risk youth and their parents/caregivers in American Canyon with a specific focus on Napa Junction Elementary School, American Canyon Middle School and American Canyon High School.

All of the contractors are local vendors.

FISCAL IMPACT

Is there a Fiscal Impact?	Yes
Is it currently budgeted?	Yes
Where is it budgeted?	Health & Human Services Mental Health Services Act
Is it Mandatory or Discretionary?	Discretionary
Discretionary Justification:	The new agreement with Napa Valley Unified Educational Foundation (NVUEF) is not mandated, however Napa County Mental Health has received funding and is under contract with the State to fulfill the requirements of their Mental Health Services Act Prevention and Early Intervention (PEI) Component. The services provided through this agreement assist in meeting those requirements.
Is the general fund affected?	No
Future fiscal impact:	While the agreement with NVUEF ends on June 30, 2020 it contains a provision for renewal. This agreement is included in the requested Fiscal Year 2019-2020 budget and future fiscal year appropriations will be budgeted accordingly.
Consequences if not approved:	If the new agreement with NVUEF is not approved the Student Assistance

Program (SAP) will not continue in American Canyon schools. Access to appropriate prevention and early intervention services may prevent behavioral issues from going untreated and reduce the serious onset of mental illness in students in the community.

Additional Information:

ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

BACKGROUND AND DISCUSSION

Napa County's Prevention and Early Intervention (PEI) Plan for implementation of PEI component of the MHSA was developed with extensive local stakeholder input and community review. As required by the law, the goal of the PEI plan is to promote timely access to services for under-served demographic categories of Napa County residents. This is in keeping with the larger diversity strategy of the County's Health and Human Services Agency (HHS), of which the Mental Health Division is a part. The goal of the diversity strategy is to identify and reduce barriers that prevent county residents from accessing necessary and appropriate services; and to ensure that, once accessed, the services are as effective and efficient as possible.

All PEI projects and programs have been vetted through this extensive planning process and are then reviewed during a series of meetings held by the MHSA Stakeholder Advisory Committee, another planning and oversight group mandated by the State's MHSA process. The committee prioritizes projects and programs and then makes recommendations to the Mental Health Director, who approves all final projects for public review and comment with a public hearing as needed for MHSA Annual Plan Annual Updates. Public hearings are generally held at regular meetings of the County's Mental Health Board, which also reviews and makes comments to the Mental Health Director on the proposed final plan. The Mental Health Director then determines whether or not comments are substantive enough to warrant changes before adopting the final plan, which is then submitted to the State Mental Health Oversight and Accountability Commission as required by statute.

Suscol Intertribal Council:

The Native American Prevention and Early Intervention (PEI) project provides cultural services, outreach and referrals to local resources. The project also works with community groups and providers to improve services for Native Americans by offering cultural competency trainings and offers cultural healing and enculturation activities through traditional practices and rituals. The Advisory group will guide the work of the project. Members may include elders, youth, Transitional Age Youth (TAY), Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) individuals and other local Native American community members as necessary to advance mental illness prevention and early intervention efforts. The contract maximum remains the same at \$94,878.

Cope Family Center:

The Strengthening Families At-Risk PEI Project addresses the prevention and early intervention needs of families at-risk of developing mental illness by offering couple's support groups and light case management services throughout the County. This program also offers emergency aid/assistance to individuals and families in need. Priority is given to individuals and families referred by other PEI programs. The contract maximum will remain the same at \$98,000.

On The Move:

MHSA PEI Guidelines mandate services to the unserved/underserved. Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) individuals have been defined as under-served/unserved by local community stakeholders. LGBTQ individuals of all ages, from youth to older adults, face a variety of risk factors such as substance abuse, isolation, homophobia, stigma and discrimination, violence, harassment, etc. which put them at higher risk for the development of mental illness including self-abuse, depression, Post-Traumatic Stress Disorder (PTSD),

homelessness, and suicide risk.

In addition, local surveys have identified that LGBTQ individuals are an under-served/unserved population in Napa County due to discrimination and a lack of understanding of the unique issues facing this community. Napa County's LGBTQ Prevention and Early Intervention (PEI) Project is designed to address this gap in understanding, knowledge, awareness, and resources with the intent of making existing PEI services more accessible and safe for LGBTQ individuals.

On The Move's LGBTQ Connections PEI Project will: 1) work with the LGBTQ community and County to identify gaps in mental health prevention and early intervention services, and plan for new services; 2) develop trainings to help increase local providers organizational capacity to screen and serve LGBTQ individuals and their families in order to provide timely and appropriate mental health prevention and early intervention referrals and services; and 3) offer LGBTQ Cultural Competency training to providers and organizations that serve as access points for mental health prevention and early intervention referrals and services. The contract maximum remains the same at \$43,500.

Napa Emergency Women's Services:

Under its current agreement, the contractor works to prevent the onset of Post-Traumatic Stress Disorder (PTSD) and improve mental health outcomes in Napa County children exposed to domestic violence through the development of common screening tools and multi-system protocols for identifying children and by providing support for children exposed to domestic violence once they have been identified. The contractor also assists children exposed to domestic violence, fosters organizational practice change, and advocates for appropriate policies to improve identification of children at-risk.

The contract maximum remains the same at \$109,400.

Napa County Office of Education:

The Court and Community Schools Student Assistance Program (SAP) PEI Project was approved by local stakeholders to address the prevention and early intervention needs of at-risk youth attending the NCOE's Court and Community schools who are at-risk of involvement with or already involved with the Juvenile Justice system.

This project will: 1) implement an SAP at court and community schools in Napa County; 2) collaborate with community-based organizations and other Prevention and Early Intervention projects; and 3) participate in the Mental Health Division's PEI evaluation process. The contract maximum remains the same at \$81,600.

Cope Family Center:

The Home Visitation (HV) Prevention and Early Intervention (PEI) Project addresses the prevention and early intervention needs of under-served at-risk children and their parents/caregivers throughout Napa County. The Home Visitation model is particularly useful in small communities and with under-served populations that may have difficulty accessing community-based services.

The HV PEI program has four (4) program components: 1) a Home Visitation Program to address the prevention and early intervention needs of under-served at-risk children and their parents/caregivers; 2) collaboration with the Ole Health Perinatal Services and Family Resource Centers throughout Napa County; 3) fostering organizational practice change and advocacy for appropriate policies; and 4) participation in the Mental Health Division's PEI evaluation process. The contract maximum remains the same at \$50,000.

Up Valley Family Resource Centers:

The Up Valley Prevention and Early Intervention (PEI) Project is designed to address the needs of at-risk youth aged 11-18 in St. Helena and Calistoga in an effort to prevent the mental health concerns that can emerge for middle and high school at-risk youth. It is anticipated that the program will primarily serve Latino youth in St. Helena and Calistoga. Priority will be given to students living in stressed families and students at risk of school failure and/or juvenile justice involvement.

The project has three (3) main components: (1) a curriculum-driven, culturally-based group mentoring model to encourage positive youth development, strengthen cultural identity, offer opportunities for pro-social youth activities, and present youth with positive role models; (2) outreach and engagement services for Mentees and their families; and (3) organizational practice change and advocacy for appropriate policies. The contract maximum remains the same at \$76,150.

Mentis:

Older adults are at high risk for depression, suicide, and a range of other mental health issues. The Older Adult PEI Prevention and Early Intervention (PEI) is designed to support early identification and intervention training among at-risk older adults who are experiencing early onset of mental health issues, particularly those who are isolated and under-served.

The project shall have seven (7) program components 1) Outreach and Education to Older Adults and Caregivers; 2) Provider Training to enhance knowledge of the unique mental health issues faced by seniors, performed by Collabria Care in partnership with Mentis; 3) Multi-Disciplinary Team Assessment and Referrals to establish a system or process for tracking, triaging, screening and reviewing referrals; 4) Behavioral and Cognitive assessment and support in partnership with Collabria Care; 5) Navigation/Short-term case management; 6) Fostering organizational practice change and advocacy for appropriate policies; and 7) participation in the Mental Health Division's PEI evaluation process. The contract maximum will remain the same at \$91,350.

Napa Valley Unified Educational Foundation:

The American Canyon Student Assistance Program (SAP) Prevention and Early Intervention (PEI) Project addresses the prevention and early intervention needs of under-served at-risk youth and their parents/caregivers in American Canyon with a specific focus on Napa Junction Elementary School, American Canyon Middle School and American Canyon High School. The City of American Canyon has historically been a geographically under-served area and the growing Asian/Pacific Islander community in American Canyon was identified as an unserved/underserved cultural group in the local PEI planning process. The Student Assistance Program model is particularly useful in small communities that depend even more heavily on schools to identify the behavioral health needs of youth and facilitate referrals to on-campus or community-based services.

Each SAP site has the following four (4) program components to help reduce barriers to learning and ensure student success; 1) establishment of a Student Assistance Program; 2) collaboration with local community based organizations and other Prevention and Early Intervention projects to streamline referral services; 3) organizational practice change and advocacy for appropriate policies and legislation; and 4) participation in the Mental Health Division's PEI evaluation process. The contract maximum is \$159,807.

Approval of today's action will incorporate the following changes/new requirements into each of the amendments:

- | Clarifies the evaluation requirements and process for the contractor. This change allows the County to adjust the evaluation process based on State changes.
- | Requires contractor to provide cultural competency training to their staff, which is mandated by state regulations.
- | Requires contractor to publicly recognize in their promotional materials, social media presence, etc. that their program receives support from Napa County Health and Human Services Mental Health Division's Mental Health Services Act Funds.
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- | Incorporates a Specific Term and Condition to authorize the Director of Health and Human Services to approve future amendments to the Exhibits, with the exception of any changes to the compensation.

In addition, approval of today's action enables HHSA to enter into a new agreement with Napa Valley Unified Educational Foundation for the Student Assistance Program Prevention and Early Intervention Project.

All of the contractors are local vendors.

SUPPORTING DOCUMENTS

None

CEO Recommendation: Approve

Reviewed By: Ben Guerrieri