

Agenda Date: 5/3/2011 Agenda Placement: 4D

# NAPA COUNTY BOARD OF SUPERVISORS **Board Agenda Letter**

TO: Board of Supervisors

FROM: Shelli Brobst for Randolph F. Snowden - Director

Health & Human Services

**REPORT BY:** Shelli Brobst, Contracts Analyst - 253-4720

SUBJECT: Presentation of a Proclamation declaring May as "Mental Health Month"

#### RECOMMENDATION

Presentation of a proclamation to Jaye Vanderhurst, Mental Health Director, declaring May as "Mental Health Month" in Napa County.

#### **EXECUTIVE SUMMARY**

The proclamation declaring the month of May as "Mental Health Month" in Napa County is part of a national action intending to increase public awareness of severe mental illness and promote greater understanding of those who suffer from the potentially disabling symptoms of the disorder.

## FISCAL IMPACT

Is there a Fiscal Impact? No

## **ENVIRONMENTAL IMPACT**

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

## **BACKGROUND AND DISCUSSION**

By proclaiming May as "Mental Health Month," the Napa County Board of Supervisors will help to raise awareness of mental health issues and remind local residents to take care of their own mental health needs as a critical component of their overall well-being.

One in four adults will experience a mental illness at some point during their lives. Mental illness affects individuals regardless of demographic factors such as age, gender, race, ethnicity, location or economic status. Mental illnesses are treatable and recovery is possible; yet, because of the stigma and discrimination long associated with mental illness, many mentally ill persons, or members of their own families, are reluctant to seek treatment.

## **SUPPORTING DOCUMENTS**

A . Proclamation

CEO Recommendation: Approve

Reviewed By: Karen Collins