



A Tradition of Stewardship
A Commitment to Service

Agenda Date: 5/22/2012

Agenda Placement: 7A

NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

TO: Board of Supervisors
FROM: Butler, Mary - Chief Probation Officer
Probation
REPORT BY: Lynn Perez, Staff Services Manager - 253-4126
SUBJECT: New Agreement with The California Institute for Mental Health

RECOMMENDATION

Chief Probation Officer requests approval of and authorization for the Chairman to sign an agreement with The California Institute for Mental Health (CiMH) for a maximum of \$156,500 for the term May 15, 2012 through June 30, 2015 to provide training and consultation on Functional Family Therapy (FFT).

EXECUTIVE SUMMARY

The California Institute for Mental Health (CiMH) was established in 1993 to promote excellence in mental health services through training, technical assistance, research and policy development. Local mental health directors founded CiMH to work collaboratively with all mental health system stakeholders. Under this agreement, CiMH will train agency staff and staff from partnering community based organizations in the evidenced based practice of Functional Family Therapy (FFT)

FISCAL IMPACT

Is there a Fiscal Impact?	Yes
Is it currently budgeted?	Yes
Where is it budgeted?	The Corrections Standards Authority has JABG funding to reduce juvenile crime through programs that focus on evidence based practices. Napa County has received approval in the amount of \$128,250 for a two year grant which begins October 1, 2011 and ends September 2013. Funds are appropriated in the Probation Departments current year budget in the amount of \$46,750 for

contracted services under Phase I. Funding for Phase II and Phase III in the amount of \$31,500 is included in the departments FY 12-13 Recommended Budget. Payments for services will be paid upon commencement of each phase. Health and Human Services will utilize Mental Health Services Act (MHSA) funding in the amount of \$78,250.

Is it Mandatory or Discretionary? Discretionary

Discretionary Justification: This item is discretionary in that there is no mandate for Napa County to have this specific agreement. The funds will be used to provide evidence based curriculum to at-risk youth and their families. These expenditures are in compliance with the terms of the grant.

Is the general fund affected? Yes

Future fiscal impact: Appropriations will be budgeted accordingly in future fiscal years.

Consequences if not approved: If this item is not approved, the Probation Department will not be able to train staff in the curriculum in providing evidence based services designed to motivate change and eliminate obstacles for at risk youth.

Additional Information:

ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

BACKGROUND AND DISCUSSION

The agreement before you today with the California Institute for Mental Health (CiMH) is to provide Functional Family Therapy (FFT) training and consultation to two teams comprised of staff from the Probation Department, the Health and Human Services Agency and partnering Community Based Organizations (CBO's). FFT is a multi-phased family intervention targeting youth (10-18 years of age) and their families, including youth with problems such as conduct disorder, violent acting-out, and substance abuse. FFT, is an evidence based, holistic approach, phase based program designed to motivate change and eliminate obstacles that encourage negative behaviors. It is a well documented and highly successful family intervention program for at risk youth ages 10-18.

FFT is a three year program comprised of three (3) phases Clinical Training, Supervision Training and Quality Assurance(QA)/Quality Improvement(QI). The goal of the first phase, Clinical Training, is to build an infrastructure and competence in the FFT model; the second phase, Supervision Training is to assist in self-sufficiency in FFT and the third phase, QA/QI will assure ongoing model fidelity. Each phase includes specific goals, assessment, specific techniques of intervention, and therapist skills necessary for success. Phase III requirements will be renewed annually in order to meet FFT certification requirements. For Fiscal Year 12-13, the department included FFT in it's Juvenile Justice Crime Prevention Act (JJCPA) Plan which was approved by the Juvenile Justice Coordinating Council on April 18, 2012 and by the Board of Supervisors on May 1, 2012. The probation department, in conjunction with community non-profit providers, will be trained by the California Institute for Mental Health (CiMH) FFT and will services will commence upon completion of training. It is anticipated that twenty five minors will be served this fiscal year.

Funding for FFT will be shared by the Probation Department and Health and Human Services. In August 2011, the Probation Department received received authorization to submit a proposal for funding in the amount of \$128,250 through the Juvenile Accountability Block Grants (JABG) Program to be used to support probation departments that are prepared to participate in a two year systems change approach in implementing or expanding the use of EBP within their local juvenile justice communities. The department was awarded the grant effective October 1, 2011 to provide Functional Family Therapy (\$83,250) and The Parent Project (\$45,000). Health and Human Services will utilize funding through the Mental Health Services Act (MHSA).

SUPPORTING DOCUMENTS

None

CEO Recommendation: Approve

Reviewed By: Liz Habkirk