

Agenda Date: 5/21/2019 Agenda Placement: 6G

A Tradition of Stewardship A Commitment to Service

# NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

| TO:               | Board of Supervisors  |
|-------------------|---|
| FROM:             | JoAnn Melgar for Jennifer Yasumoto - Director<br>Health & Human Services Administration |
| <b>REPORT BY:</b> | JoAnn Melgar, Staff Services Analyst II - 707-253-4722                                  |
| SUBJECT:          | Amendment No. 13 to Agreement with Crestwood Behavioral Health, Inc.                    |

## RECOMMENDATION

Director of Health and Human Services requests approval of and authorization for the Chair to sign Amendment No. 13 to Agreement No. 170582B with Crestwood Behavioral Health, Inc. increasing the amount by \$250,000 for a new annual maximum of \$2,250,000 commencing in Fiscal Year 2018-2019 and each automatic renewal thereof for residential mental health services.

## EXECUTIVE SUMMARY

Crestwood Behavioral Health, Inc. provides long-term, inpatient mental health treatment on a sub-acute level, which means treatment below the level of a hospital stay, and includes skilled nursing services, psychosocial rehabilitation services, behavior management, life skills training, and geropsychiatric services. Napa County is required to provide these services to mental health clients who are determined to be gravely disabled.

Approval of this amendment will increase the contractor's maximum by \$250,000 for the current fiscal year to accommodate higher utilization, serve as an alternative to more costly placement options, and to ensure individuals receive the treatment needed to stabilize their symptoms so they can be placed at a lower level of care. The need to increase the contract maximum was obtained through mid-year evaluation of contractor utilization/placements.

Crestwood Behavioral Health, Inc. is not a local vendor. There are no treatment facilities of this type in Napa County.

#### FISCAL IMPACT

| Is there a Fiscal Impact?<br>Is it currently budgeted?     | Yes<br>Yes   |
|--|--|
| Where is it budgeted?<br>Is it Mandatory or Discretionary? | Health & Human Services Mental Health 20002-00<br>Mandatory  |
| Is the general fund affected?                              | No   |
| Future fiscal impact:                                      | This agreement is included in the approved Fiscal Year 2018-2019 budget and future fiscal year's will be budgeted accordingly.   |
| Consequences if not approved:                              | If the recommended amendment is not approved, the County will not be able<br>to compensate the contractor for the increase in cost to provide services for<br>individuals placed by Napa County Mental Health. Utilizing alternative<br>locations, such as higher cost Mental Health Rehabilitation Centers<br>(MHRC), and/or higher cost Institutions for Mental Disease (IMD) facilities, will<br>result in higher Realignment or HHSA General Fund expenditures for this<br>population. |

Additional Information:

### ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

#### BACKGROUND AND DISCUSSION

Under this agreement, Crestwood Behavioral Health, Inc. provides long-term, inpatient mental health treatment on a sub-acute level (i.e., treatment below the level of a hospital stay). Crestwood operates a number of facilities throughout Northern California. Services being provided include skilled nursing, enhanced board and care, psychosocial rehabilitation, behavior management, life skills training, and gero-psychiatric services designed to address the treatment and safety needs of individuals who, because of a mental illness, are determined to be gravely disabled. The services are designed to stabilize individuals' mental health conditions, with the goal of returning individuals to the Napa County community mental health treatment system. Individuals with extreme medical or behavioral issues may require longer-term care. Individuals are placed in the contractor's facilities by the Health and Human Services Agency (HHSA), subject to the requirements of California Welfare and Institutions (W&I) Code Section 5150 et. seq. Each of Crestwood's facilities charges daily bed rates and additional daily fees ("patch rates") based on the type and level of services necessary to address each individual's needs.

Crestwood Behavioral Health, Inc. is not a local vendor. There are no treatment facilities of this type in Napa County.

#### SUPPORTING DOCUMENTS

None

Reviewed By: Ben Guerrieri