



A Tradition of Stewardship
A Commitment to Service

Agenda Date: 4/4/2017

Agenda Placement: 6E

NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

TO: Board of Supervisors

FROM: JoAnn Melgar for Howard Himes - Director
Health & Human Services Operations

REPORT BY: JoAnn Melgar, Staff Services Analyst II - 707-253-4722

SUBJECT: Agreement with Aldea, Inc. (First Episode Psychosis Treatment)

RECOMMENDATION

Director of Health and Human Services requests approval of and authorization for the Chair to sign an agreement with Aldea, Inc. for a maximum of \$107,162 for the term December 1, 2016 through September 30, 2017 to provide First Episode Psychosis treatment to Napa County residents ages 12 through 28 years of age.

EXECUTIVE SUMMARY

Napa County Health and Human Service (HHSA) Mental Health Division received Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Block Grant (MHBG) First Episode Psychosis (FEP) funding to provide services to individuals experiencing their first episode of psychosis. The Board approved the MHBG grant on February 28, 2017.

The purpose of today's recommended action is to enter into a contract with Aldea, Inc. to provide collaborative, comprehensive, effective, evidenced-based treatment to Napa County residents, ages 12 through 28, who meet criteria for having had a first episode of psychosis within the last three years. This program will seek to engage individuals as early as possible after their first episode of psychosis. Aldea, Inc. was chosen because they have experience with providing this service and understand the funding expectations and limitations. Aldea is currently under contract for services similar to those in this proposed new agreement. Services funded through the MHBG will expand the services Aldea provides and match the current program model. Because of different funding streams and reporting requirements, staff is requesting the Board approve a new agreement with Aldea, Inc..

The SAMHSA funding cycle is July 1, 2016 through September 30, 2017. Staff is requesting that this agreement begin December 1, 2016 to make use of these grant funds; any funds not used will be lost.

The allocation letter for the MHBG grant was received in December 2016.

Aldea, Inc. is a local vendor.

FISCAL IMPACT

Is there a Fiscal Impact?	Yes
Is it currently budgeted?	Yes
Where is it budgeted?	Health & Human Services Mental Health
Is it Mandatory or Discretionary?	Discretionary
Discretionary Justification:	This action is discretionary in that HHSA is not required to Contract with this provider. The California Department of Health Care Services has awarded Napa County funding for its ongoing Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Community Services Block Grant (MHBG) and this provider has the necessary skills and training to provide this service.
Is the general fund affected?	No
Future fiscal impact:	This agreement will terminate September 30, 2017.
Consequences if not approved:	If not approved, we may need to return the MHBG First Episode Psychosis treatment funding and the resources for services to individuals with serious mental illness and substance use issues would be drastically reduced.

Additional Information:

ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

BACKGROUND AND DISCUSSION

Napa County Health and Human Service (HHSA) Mental Health Division was granted Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Block Grant (MHBG) First Episode Psychosis (FEP) funding to provide services to individuals experiencing their first episode of psychosis. The HHSA Mental Health Division proposes to do this through a contract with Aldea Inc. to provide collaborative, comprehensive, effective, evidenced-based treatment to individuals that meet criteria for having had a first episode of psychosis, within the last three years. This program will seek to engage individuals as early as possible after their first episode of psychosis. Research increasingly shows that early treatment is necessary to prevent deterioration and resistance to treatment. Research also shows that treatment is less effective the longer patients go without receiving it. Early identification and intervention significantly increases the likelihood for substantial improvement in functioning, symptomatology and prognosis.

The goals of Aldea's program include: 1) treat individuals who meet FEP criteria and prevent subsequent psychotic episodes; and 2) to support these same individuals in managing and reducing their symptoms, reaching their goals, and becoming more fully functioning members of society. Aldea will do this in close collaboration with HHSA

Mental Health Division, community partners, local hospitals, and all relevant providers. Aldea Multi-disciplinary Treatment Team meetings are held regularly and outside providers or parties involved with the family and/or individual who are invited by the family to be a member of the treatment team are encouraged to participate. Services are both community and office-based with flexible hours so as to increase accessibility.

All funds will be expended in accordance with the SAMHSA funding cycle which ends on September 30th, 2017.

Aldea, Inc. is a local vendor.

SUPPORTING DOCUMENTS

None

CEO Recommendation: Approve

Reviewed By: Bret Prebula