



A Tradition of Stewardship
A Commitment to Service

Agenda Date: 3/22/2016

Agenda Placement: 6D

NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

TO: Board of Supervisors

FROM: JoAnn Melgar for HOWARD HIMES - Director
Health & Human Services

REPORT BY: Shelli Brobst, Contracts Manager - 253-4720

SUBJECT: Renewal Agreement with the California Department of State Hospitals (CONREP)

RECOMMENDATION

Director of Health and Human Services requests approval of and authorization for the Chairman to sign the renewal of Revenue Agreement No. 2390 with the California Department of State Hospitals for a maximum of \$254,607 for the term July 1, 2015 through June 30, 2016 for the Conditional Release Program (CONREP).

EXECUTIVE SUMMARY

Under State law, certain individuals on Penal Code commitments to State hospitals are granted conditional release into specific community mental health treatment programs. Approval of the requested action will make available \$254,607 in State funding for the County's participation in the Conditional Release Program (CONREP) for Fiscal Year 2015-2016.

FISCAL IMPACT

Is there a Fiscal Impact?	Yes
Is it currently budgeted?	Yes
Where is it budgeted?	Health & Human Services Mental Health
Is it Mandatory or Discretionary?	Discretionary
Discretionary Justification:	Approval of the requested action is discretionary in that there is no mandate for the County to participate in the State's Conditional Release Program (CONREP). However, the State provides funding for the County to

maintain CONREP participants in the community by providing the mental health services they need.

Is the general fund affected? No

Future fiscal impact: This agreement ends on June 30, 2016.

Consequences if not approved: If the agreement is not approved, HHSA will no longer receive funding for CONREP enrolled participants.

Additional Information:

ENVIRONMENTAL IMPACT

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

BACKGROUND AND DISCUSSION

Under the State-funded Conditional Release Program (CONREP), the Department of State Hospitals (DSH) contracts with county mental health programs or private contract providers to provide direct outpatient treatment of State Hospital patients who are found Not Guilty by Reason of Insanity for felony crimes, and for prison inmates who meet statutory criteria as Mentally Disordered Offenders (MDO) and who are ordered into mental health treatment as a condition of parole. CONREP reintegrates these individuals back into the community by providing the appropriate level of supervision and mental health services for individuals placed on outpatient status. DSH requires that CONREP patients have direct access to a full range of mental health services during their period of outpatient treatment. These services include individual and group therapies, collateral contacts, home visits, substance abuse screenings, psychological assessments, and other needed supplemental mental health services. DSH has developed performance standards for these services that set minimum treatment and supervision levels to be provided by the County for all CONREP patients. DSH additionally specifies that specialized forensic mental health clinicians are essential to the effective management of CONREP patients in the community. Consequently, a Forensic Mental Health Counselor (FMHC) is responsible for managing Napa County's current CONREP caseload of up to ten individuals and ensuring that they receive an appropriate array of mental health services to maintain their placement in the outpatient program.

CONREP operates as a hybrid fee for service system, and state contracts are based and funded on an anticipated annual program cost of providing services under specific mandated performance standards. The funding being provided by the State is based on a contract budget prepared and submitted by the County and approved by the State Department of Hospitals. The County's CONREP costs include the costs of clinical, supervisory and administrative staffing (1.0 FTE Forensic Mental Health Counselor [FMHC] position and 25% of the costs of the FMHC's supervisor and a clerical support position), direct services (board and care, on-call coverage, and medication support), operating expenses (medications, communications, etc.) and administrative overhead costs associated with the program.

SUPPORTING DOCUMENTS

None

CEO Recommendation: Approve

Reviewed By: Karen Collins