



A Tradition of Stewardship  
A Commitment to Service

Agenda Date: 10/24/2017

Agenda Placement: 6S

## NAPA COUNTY BOARD OF SUPERVISORS Board Agenda Letter

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**TO:** Board of Supervisors

**FROM:** Heather Ruiz - Director  
Human Resources

**REPORT BY:** Olivia Soria, Benefits Administrator - 253-4945

**SUBJECT:** Amendment No. 2 to Agreement No. 170969B with Synergy Medical Fitness Center

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### **RECOMMENDATION**

Director of Human Resources requests approval of and authorization for the Chair to sign Amendment No. 2 to Agreement No. 170969B with Queen of the Valley Medical, Inc., dba Synergy Medical Fitness Center, effective November 1, 2017, to provide for increased membership rates for employee fitness program services, at no additional cost to the County (membership is paid through employee payroll deductions), as well as to clarify the enrollment fee process.

### **EXECUTIVE SUMMARY**

The County Gym Membership and Reimbursement Program allows employees to join certain health clubs at reduced monthly member rates. While monthly member rates are fully paid by the employee, they are processed through payroll deductions. Employees receive a partial reimbursement of their individual monthly member dues if they meet the Gym Membership and Reimbursement Program criteria. Today's requested action will implement new monthly membership rates and will clarify the enrollment fee process with Synergy Medical Fitness Center effective November 1, 2017.

### **FISCAL IMPACT**

Is there a Fiscal Impact?                      No

### **ENVIRONMENTAL IMPACT**

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

### **BACKGROUND AND DISCUSSION**

The Gym Membership and Reimbursement Program has been in effect for over twenty years and allows employees to benefit from participating in a health fitness program. The Program enables employees to participate in exercise programs at reduced monthly member rates that are processed through payroll deductions. Employees receive partial reimbursement by the County of their monthly member costs if they meet the program criteria. The County will reimburse up to \$176.40 for the employee only if they attend 52 times in a six-month period.

Currently, there are three participating clubs which include Healthquest, Exertec, and Synergy. The increased rates for Synergy are effective November 1, 2017. Synergy rates are increasing as follows:

- | Employee only: from \$64 per month to \$66 per month
- | First additional family member: from \$58 per month to \$60 per month
- | Additional family members (after the 1st add): from \$23 per month to \$25 per month

In addition, County employees and their family members who enroll for membership with Synergy shall be required to sign and comply with the terms and conditions of the Synergy Medical Fitness Center membership agreement, including paying an individual enrollment fee of \$150 for one person, an additional \$135 for a second person, an additional \$110 for a third person, and an additional \$75 for each person added thereafter.

The Director of Human Resources recommends approval of the proposed amendment.

### **SUPPORTING DOCUMENTS**

None

CEO Recommendation: Approve

Reviewed By: Helene Franchi