

County Executive Office 1195 Third Street, Room 310 Napa, CA 94559-3082 (707) 253-4421 FAX (707) 253-4176

*eAFA* 

# APPLICATION FOR APPOINTMENT TO BOARD, COMMISSION, COMMITTEE OR TASK FORCE

PLEASE TYPE OR PRINT (Complete pages 1 through 3)		
*Application for Appointment to: (Name of Board, Commission	n, Committee or Task Force)	
Commission on Aging		
*Category of membership for which you are applying: (This information can be found on the news release announcing the opening. You may apply for more than one category if more than one position is open.)	*Supervisorial District in which you reside:	on companied
Appointment/At Large-Organization-Servir	District 4 - Bill Dodd	
*Full Name	Date	
Terri Restelli-Deits	7/3/2006	
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*Current Occupation (within the last twelve (12) months):		
Planner, Area Agency on Aging		. Hill
A CONTRACTOR OF THE CONTRACTOR		
Current License (Professional or Occupational); Date of issue	and/or expiration including status:	
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Education/Experience: (A resume may be attached containing this and any oth		.)
Planner, Area Agency on Aging Serving Napa Case Management Social Worker/Discharge P 6/03–09/03		
Comprehensive Services for Older Adults, Nap Internship	oa County Health and Human Services,	
Geropsychiatric Case Manager and Adult P 5/03	rotective Services (APS) Worker 9/02-	
Case Manager, Multipurpose Senior Service P Area Agency on Aging	rogram (MSSP) and Linkages Program,	
Community participation (nature of activity and community local	ition):	***
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Coordinated a Senior Mobility Summit held on Attend various public hearings on behalf of se		
Other County Board/Commission/Committee on which you sen	ve/have served:	SCORNSTANDANCE STANDANCE S
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Application for Appointment to: (Name of Board, Commission Commission on Aging	ion, Committee or Tas	sk Force)		
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Please explain your reasons for wishing to serve and, in you			***************************************	
I feel my experience in the field of aging wou				100
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		BY STATE LAW AND COUNTY C	
CODE TO FILE FINANCIAL DI	SCLOSURE STATEMENTS.		
All applications will be kept or			
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but may be used by the Board	l of Supervisors when makin	e extent that it will not be posted og the appointment, or be used b tment for purposes of communic	y the
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To: County Executive Office

1195 Third Street, Room 310

Napa, CA 94559-3082

FM: Terri Restelli-Deits

RE: Expanded responses to application for appointment to Commission on

Aging

Education/Experience: (A resume may be attached containing this and any other information that would be helpful to the Board in evaluating your application.)

Planner, Area Agency on Aging Serving Napa and Solano 10/03 - present

Case Management Social Worker/Discharge Planner St. Helena Hospital, Deer Park 6/03–09/03

Comprehensive Services for Older Adults, Napa County Health and Human Services, Geropsychiatric Case Manager and Adult Protective Services (APS) Worker 9/02–5/03

Case Manager, Multipurpose Senior Service Program (MSSP) and Linkages Program, Area Agency on Aging and Jewish Children & Family Services

M.S.W. University of California at Berkeley, School of Social Welfare, Specialization in Gerontology, Graduated Spring 2003

I have direct practice, administrative and planning experience in the field of aging. I also have personal experience, was a caregiver for both of my parents for several years.

My work experience and research in various settings offers broad knowledge in areas of health, mental health, caregiver support services, home and community based services, service delivery, long term care, legislation, and the aging network. In my current role as the planner for the Area Agency on Aging, I am responsible for developing the AAA Area Plan for the California Department of Aging (CDA), conducting needs assessments, identifying unmet needs and gaps in service, keeping informed of legislation, policies, and regulations, holding public hearings, and monitoring and evaluating several programs that serve older adults, persons with disabilities and caregivers.

While an intern with Napa County H&HS CSOA, I researched whether any counties implemented or attempted to implement AB 2881 in relation to emergency protective custody of endangered adults with dementia or brain impairments so that they may receive treatment in safe and appropriate settings. I contacted Elder and Adult Abuse Prevention departments within the Office of the Attorney General, Health and Human Service agencies, and other agencies throughout the Department of Social Services in California and throughout the nation to explore legislation or policies that may have been created to address

the lack of resources needed to address the issue. This continues to be an ongoing issue of which counties continue to struggle and the Commission has been concerned, with little movement forward nationwide due to funding barriers.

In my capacity as Co-Chair to the Commission on Aging General Plan Committee, I have been working together with the committee to research other counties' General Plans and nationwide planning efforts seeking policies that address the needs and issues of elder mobility and recommendations for including "aging-friendly" policies into elements of the General Plan.

For the past two years, I have been very involved in Strategic Planning efforts, actively working on countywide transportation, general plan, caregiver, mental health, health, fall prevention, and Senior Information and Assistance/Referral projects.

### Other related local community and statewide committees on which I serve:

- California State Commission on Aging's Statewide Long Term Plan on Aging Long Range Strategic Plan on Aging Transportation Task Team (TTT)
- Healthy Aging Planning Initiative Committee
- > The Napa Valley Coalition of Non-Profit Agencies Senior Committee
- Napa Alliance on Aging
- > Health Access Committee
- Chamber of Health
- ▶ I&R (Information and Referral) Action Task Force that was created through the collaborative efforts of the Napa Superior Court and the Napa Valley Coalition of Non-Profit Agencies to provide guidance for the development of community-based public access database system of community services. The database website can be accessed at NapaHelp.Info, and meets 2-1-1 requirements
- > 2-1-1 Committee
- > Napa Elder Abuse Task Force
- Napa Latino Elder Coalition
- Napa Valley Fall Prevention Coalition: Area Agency on Aging received a grant award through the Archstone Foundation to establish a Fall Prevention Coalition
- > Napa Valley Alzheimer's Coalition
- Statewide Elder Abuse Multidisciplinary Team/FAST Committee consisting of Elder Abuse MDTs/Financial Abuse Specialist Teams throughout the state
- > I served on the Long Term Care Integration Task Force which is currently on hiatus pending funding

#### Terri Restelli-Deits, MSW

# Planner, Area Agency on Aging Serving Napa and Solano 10/03 – present

- Responsible for developing Area Agency on Aging Area Plan for the California Department of Aging. Monitor and provide technical assistance to agency-funded programs.
- Serve as staff to the Advisory Council. Facilitate service provider meetings. Develop and hold training sessions for service providers.
- Perform Management Information System (MIS) duties. Using SAMS software, analyze MIS data and reports for purposes of program monitoring development, and service provider performance. Produce regular program reports on agency contracts to funders, Executive Director, Board of Directors and Advisory Council. Prepare agency's annual report.
- Act as agency's spokesperson. Hold public hearings. Keep current on legislation impacting seniors, caregivers, and persons with disabilities and inform staff, advisory council, providers, and community partners of proposed changes in legislation. Assist C4A, TACC, CSL, and other organizations in their advocacy efforts.
- Develop Requests for Proposals. Seek outside funding through grant and proposal writing. Conduct research for project analysis.
- Participate in community meetings and work collaboratively with community partners on projects that benefit older adults, persons with disabilities, caregivers, low-income and vulnerable populations.

# Case Management Social Worker/Discharge Planner St. Helena Hospital, Deer Park 6/03 - 9/03

- Assess and address unmet needs for all patients in the Medical Surgical, Monitored Care, Intensive Care, and Transitional Care units to ensure safe and appropriate discharges.
- Act as liaison between community resources, patients/family, physicians, home health department, hospice, and case management staff. Educate patients/family and healthcare providers.
- Participate in the utilization review for clinical/medical necessity and the appeals process.
- Collaborate with physicians, staff, support liaisons, other interdisciplinary team members, and community service providers.
- Serve as a member on the Bioethics Committee, Social Services Committee, Abuse Prevention Policy and Procedure Committee, and Long Term Care Integration Task Force.

### Case Manager – Linkages – per diem Area Agency on Aging Serving Napa Solano, Vallejo

• Provided comprehensive case management services for elderly and adults age 18 and older who are at risk of institutionalization, and who would otherwise have difficulty living independently, to enable them to remain in the least restrictive setting in the community. Conducted assessments, developed and monitored care plans.

Social Work Intern – Comprehensive Services for Older Adults, Napa County Health and Human Services, Geropsychiatric Case Manager and Adult Protective Services (APS) Worker 9/02 – 5/03 (Three days a week, 8:00-5:00)

- Provided case management and consultation to individuals 62 years of age and older who suffer from mental illness and/or Alzheimer's disease or related disorders. Provided Adult Protective Services to remedy or reduce danger to elder and dependent adults.
- Services included needs assessments, reassessments, care plan interventions and monitoring, crisis intervention, counseling, remedial and preventative social work activities, placement, representative payee oversight, LPS conservatorship monitoring, collaboration with health and mental health providers, APS investigations, emergency shelter and in-home protection, mobilizing client's informal support systems when possible, and resource referral and coordination in order to provide a continuum of care. Documented interventions and activities using CDT software, complying with all rules and regulations.
- Served as a member on Partnership HealthPlan of California's Long Term Care Integration Task Force. Attended Department of Social Service Central Regional Meetings.

Case Manager – Multipurpose Senior Services Program (MSSP) Area Agency on Aging Serving Napa Solano, Vallejo 4/02 – 8/02 (Summer position while in graduate school)

- Conducted comprehensive case management to enable frail seniors, who are at risk of institutionalization, to live comfortably and safely in their own homes, while sustaining as much independence as possible. Linked clients to community resources. Conducted assessments and reassessments to identify client's unmet needs and problems, functional capacity to live independently, and analyze social and environmental systems. Assessed client's cognitive status, psychological functioning, and functional activities of daily living (ADL) and Instrumental Activities of Daily Living (IADL) status.
- Developed and monitored care plans. Provided support and counseling to clients and families, and crisis intervention as needed. Collaborated with health, mental health, and community service providers. Worked together with an interdisciplinary team.
- Documented all interventions and activities following compliance regulations, and State mandated documentation guidelines.
- Authorized use of MSSP funds for vendor purchased services, verified, and tracked costs.

Social Work Intern – Multipurpose Senior Service Program (MSSP) Jewish Family and Children Services, Seniors-At-Home, Marin 10/01 – 4/02

- Conducted comprehensive assessments, reassessments and case management services.
- Co facilitated an Elder Care Support Group.

### Social Work Intern – Multipurpose Senior Services Program (MSSP) Area Agency on Aging Serving Napa Solano 10/00 – 8/01

• Provided comprehensive case management services.

# Therapeutic Activities Intern – Veteran's Home of California, Yountville 5/00 - 9/00

- Provided systematic evaluations under direction of staff Psychologists. Performed interventions and informal counseling for residents who were diagnosed with major mental illness.
- Monitored residents who were at risk for depression or suicide.
- Provided psychosocial services for skilled nursing, intermediate care, and assisted living residents.
- Provided support group services.
- Facilitated personal computer training classes for residents.

## Programmer/Analyst – Fair Isaac Companies, Inc. 6/77 – 8/01

- Provided data analysis and programming for Fair Isaac's insurance and credit scoring department's client software systems using SAS Programming Language on multiple platforms (UNIX, OS/390). Provided consultation to and collaborated with insurance companies and financial institutions.
- Developed and implemented software using VB6 for use with multiple platforms.
- Used technical writing skills and tools to create and maintain structured specifications for mainframe systems. Created and maintained COBOL programming code, and performed data manipulation and management for client's IBM mainframe products.
- Database Structure Programmer. Coded and maintained databases for stand alone ASAP systems using Prosper Language developed by Fair Isaac.
- Participated as an active member of the employee sponsored wellness committee and on-site caregiver support group.

### **Personal Caregiver for Parents**

I was a caregiver for my mother who had terminal cancer (1988-1989), and for my father, who suffered from a stroke with residual expressive aphasia resulting in total loss of speech and written communication skills (1994-2000).

#### **Education:**

- M.S.W. University of California at Berkeley, School of Social Welfare, Specialization in Gerontology, Graduated Spring 2003
- B.A. in Psychology, Dominican University of California, San Rafael; was one of ten students nominated for the student of the year award; and was awarded the Bob Shukraft Award for Excellence in the Senior Thesis by the Dominican University Department of Psychology, Graduated Spring 2001
- Psi Chi National Honor Society in Psychology member

#### References:

- Chuck Castellar, Manager, Napa County Health and Human Services Comprehensive Services for Older Adults (CSOA)
- Barrie Robinson, U.C. Berkeley School of Social Welfare, Gerontology Field Work
- Professor Andrew Scharlach, Ph.D., Director of the Gerontology Department at U.C. Berkeley School of Social Welfare
- Kelly Hiramoto, LCSW, Director of Community Care Management, Institute on Aging,

# Area Agency on Aging Serving Napa and Solano

June 15, 2006

Honorable Supervisor Bill Dodd, Chair Honorable Supervisor Diane Dillon Honorable Supervisor Mark Luce Honorable Supervisor Harold Moskowite Honorable Supervisor Brad Wagenknecht Napa County Executive Office 1195 Third Street, Room 310 Napa, CA 94559-3082

Dear Honorable Supervisors:

I have had the pleasure of working with Terri Restelli-Deits since October 2003. As the Planner for the Area Agency on Aging Serving Napa and Solano, her responsibilities include developing the Area Plan for our two-county Planning and Service Area according to the requirements of the California Department of Aging, providing staff support to the Area Agency Advisory Council, program development and monitoring of contracted providers in Napa and Solano Counties. Terri has demonstrated exceptional knowledge and skill in dealing with the issues that are important to older adults and persons with disabilities living in our community. She has gone beyond the limits of her job description to foster collaborative efforts, including the Healthy Aging Planning Initiative needs assessment and active member of subsequent work groups, such as Transportation, Health, Information and Referral, and Mental Health. She has promoted continuing education for professionals in the field of aging and also for family caregivers at all levels. Terri has been successful in obtaining grants from the Archstone Foundation for the establishment of a Financial Abuse Specialist Team as well as the development of a Napa Valley Fall Prevention Coalition, and serves as the project manager for these initiatives. She served as Chair to Napa's Proposition 63/Mental Health Services Act Older Adult Stakeholders Workgroup, and Co-Chairs the Commission on Aging's General Plan Ad-Hoc Committee. She has been a passionate advocate at all levels for establishing community based solutions and making our communities more senior friendly.

I am pleased to recommend Terri Restelli-Deits for membership on the Napa County Commission on Aging. She is well equipped, both personally and professionally to be an effective member of the commission. We at the AAA feel fortunate to have her on our team, and I know that she will be an asset to the Commission as well.

Thank you for your assistance with this matter.

Sincerely,

Leanne Martinsen<sup>/</sup> Executive Director

CC: Naomi Dreskin-Andersen, Chair, Commission on Aging Ms. Pamela Miller, Clerk, County Executive Office

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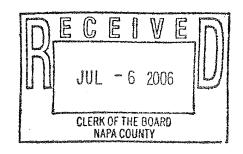
BERKELEY • DAVIS • IRVINE • LOS ANGELES • MERCED • RIVERSIDE • SAN DIEGO • SAN FRANCISCO



ANDREW SCHARLACH, Ph.D. EUGENE and ROSE KLEINER PROFESSOR OF AGING

July 3, 2006

Board of Supervisors ATTN: Pam Miller Napa County Executive Office 1195 Third Street Napa, CA 94559



### To the Board of Supervisors:

It is with great pleasure that I recommend <u>Terri Restelli-Deits</u> for a seat on the Napa County Commission on Aging. Ms. Deits received her MSW degree with a specialization in gerontology from the School of Social Welfare at the University of California at Berkeley. As director of the Gerontology Specialization and chair of the MSW program at the time she was at Berkeley, I came to know Ms. Deits quite well. I noted her intelligence, her creativity, and most of all her commitment to her elderly clients.

Since her days at Berkeley, I have kept in touch with Ms. Deits and have been extremely impressed by her untiring devotion to improving support services for older adults in Napa and Solano county, and her many accomplishments and contributions. I note particularly the accomplishments of the Healthy Aging Planning Initiative, which has conducted a needs assessment of Napa county seniors and their service providers; held a community summit to discuss findings and develop goals and visions for improvements in transportation, mental health, and information; developed subcommittees that already are making substantial progress in each of these areas; and, developed successful applications and proposals for outside funding and partnerships to sustain and enhance the Initiative. These accomplishments would not have been possible without the dedicated work of Ms. Deits.

Ms. Deits also has made significant contributions in a number of other areas, as well. I note the establishment of the Solano County Financial Abuse Specialist Team, for which Ms. Deits wrote a successful grant proposal to the Archstone Foundation; chairmanship of the Napa County Mental Health Services Act/ Prop 63 Workgroup; Solano Napa Health Fund Steering Committee and spokesperson for the Health Fund's "Coming Wave" report; planning committee for a County-Wide Senior Coalition; co-chair of the Napa Commission on Aging General Plan Ad Hoc Committee; and, participant in the recent California Department of Aging Planning Academy.

As a Gubernatorial appointee to the California Commission on Aging, I understand the challenges faced by local Commissions on Aging as well as the demands placed upon their members. However, I also have gained an appreciation for the kind of Commission member who can truly make a difference in the lives of seniors. This requires dedication, collaboration, understanding of the needs of seniors, and an untiring devotion to improving the well-being of older adults throughout the community. Terri Restelli-Deits is a unique individual who has demonstrated all of these qualities. I am pleased to support her request for appointment to a seat on the Napa County Commission on Aging.

Sincerely,

Andrew E. Scharlach, Ph.D. Kleiner Professor on Aging

Director, Center for the Advanced Study of Aging Services

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UNIVERSITY OF CALIFORNIA, BERKELEY

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SANTABARBAKA - BANTA CRUZ

SCHOOL OF SOCIAL WELFARE

July 4, 2006

TO: Napa County Board of Supervisors Naomi Dreskin-Andersen Brad Wagenknecht Mark Lucc Diane Dillon Bill Dodd Harold Moskowite

It is my pleasure to recommend Terri Restelli-Deits for a seat on the Napa County Commission on Aging.

It has been my privilege to know Terri for many years, first as a graduate student in the School of Social Welfare's Gerontology Program, and now as a colleague in the field of aging. Throughout the time, she has displayed passionate commitment to serving the aging population, as well as creativity and tireless energy in addressing the challenges that confront this population. As importantly, she has the demonstrated leadership skills to bring people together to create needed solutions for current and future groups of older adults.

In addition to these impressive attributes, she brings a comprehensive knowledge of the aging services network in Napa County. Through her work at the Napa/Solano County Area Agency on Aging, she has developed a valuable working knowledge of how these services work that will be an asset to the Commission's work. She had also developed close working relationships with the major stakeholders in the region through her intensive involvement with many planning groups and committees. Her integrity and commitment are well known and respected by her peers.

In summary, Terri's combination of advanced training in aging, knowledge of the services networks, leadership skills, and her commitment to the aging population make her an outstanding candidate for the Commission. I wholeheartedly endorse her application, and know that she will be a great asset to your work.

Barrie Tehrin\_

Barrie Robinson, MSSW Senior Lecturer/Gerontology Field Consultant July 3, 2006

Board of Supervisors ATTN: Pam Miller Napa County Executive Office 1195 Third Street Napa, CA 94559

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Sincerely,

Andrew E. Scharlach, Ph.D.
Kleiner Professor on Aging
Director, Center for the Advanced Study of Aging Services