

A Tradition of Stewardship

A Commitment to Service

THE BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA

September 2020 is Suicide Prevention Month in Napa County

WHEREAS, the Napa County Suicide Prevention Council (NCSPC), a public/private collaborative of Napa families impacted by suicide and agencies that serve the Napa County Community, strives to save lives and envisions a suicide-free community through education and training, stigma reduction, and provision of resources to combat suicide; and

WHEREAS, suicide is the tenth leading cause of death in the U.S., and in 2018 claimed 48,000 lives with more than 120 suicides occurring each day. Suicides and suicide attempts cost the US almost \$70 billion every year; and

WHEREAS, in 2019, the suicide rate in California was 11 deaths per 100,000 population; the age group with the highest suicide rate was 85 and older and the race with the highest suicides was White and second highest was American Indian/Alaskan Native; and

WHEREAS in 2019, 22 suicides were reported in Napa County. The months of January, February, April and August had the greatest number of suicides; more than half of the suicides occurred during these four months; and

WHEREAS, in the past year, the Napa County Suicide Prevention Council supported the certification of 21 trainers in the Question, Persuade, Refer (QPR) model of suicide prevention. These trainers then trained 300 community members to help prevent suicides; and

WHEREAS, every Napa County resident can be an ally by learning the warning signs of suicidal behavior and can help eliminate the stigma associated with suicide and mental illness by treating individuals with mental illness with respect and compassion.

NOW, THEREFORE I, Diane Dillon, on behalf of the Napa County Board of Supervisors, do hereby proclaim the month of September 2020 as Suicide Prevention Month in Napa County.

Diane Dillon, Chair
NAPA COUNTY BOARD OF SUPERVISORS