



A Tradition of Stewardship  
A Commitment to Service

Agenda Date: 7/10/2017

Agenda Placement: 7B

## Napa County Legislative Subcommittee Board Agenda Letter

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**TO:** Napa County Legislative Subcommittee

**FROM:** Molly Rattigan for Minh Tran - Interim County Executive Officer  
County Executive Office

**REPORT BY:** Michael Karath, Staff Assistant - BOS - 299-1477

**SUBJECT:** AB 1315 (Mullin) - Early Psychosis and Mood Disorder Detection and Intervention

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### **RECOMMENDATION**

County Executive Officer requests discussion of and possible action on AB 1315 (Mullin) that seeks to establish the Early Psychosis Intervention Plus Program whereby specified programs use evidence-based approaches and services to identify and support clinical and functional recovery of individuals by reducing the severity of first, or early, episode psychotic symptoms and mood disorders.

### **EXECUTIVE SUMMARY**

AB 1315 seeks to establish a special fund and a competitive selection process to make awards to create new, and expand existing, evidence-based early psychosis detection and intervention services and support.

This private-public partnership seeks to achieve innovation in mental health care services for a vulnerable target population suffering from severe mood disorders. AB 1315 aims to change the paradigm from reactive to proactive early detection and treatment that has demonstrated efficacy and is cost-beneficial. The overarching goal is to intervene early, and to improve the client experience in accessing services and in working towards life-long recovery and wellness.

AB 1315 creates the Early Psychosis and Mood Disorder Detection and Intervention Fund (EPMD) in the State Treasury. The fund will be created for the purpose of private donations, and the deposit of other federal or state grants as applicable. Awards from this fund will be made according to a competitive selection process across interested county behavioral health departments.

CSAC: Support  
RCRC: No position

**FISCAL IMPACT**

Is there a Fiscal Impact?                      No

**ENVIRONMENTAL IMPACT**

ENVIRONMENTAL DETERMINATION: The proposed action is not a project as defined by 14 California Code of Regulations 15378 (State CEQA Guidelines) and therefore CEQA is not applicable.

**BACKGROUND AND DISCUSSION**

According to the National Institute of Mental Health (NIMH), mental health disorders are common among children in the U.S. and can be particularly difficult for the children themselves and their caregivers.

While mental disorders are widespread, the main burden of illness is concentrated among those suffering from a seriously debilitating mental illness. Just over 20%, one in five children either currently or at some point during their life have had a seriously debilitating mental disorder. Fifty percent of all mental illness begins by the age of 14 and 75% by the age of 24, yet young people are often reluctant and afraid to seek help. About 100,000 adolescents and young adults experience first episode psychosis each year.

The NIMH Web Site states that results from the Recovery After an Initial Schizophrenia Episode project and related studies highlight the value of early intervention for reducing the duration of untreated illness, speeding patients' and family members' access to appropriate care, and restoring normal school and work trajectories among individuals who receive evidence-based treatment.

NIMH estimates that approximately 60 clinics in the U.S. currently offer evidence-based early detection, indicated prevention, and treatment services to individuals in the earliest stages of psychotic illness. By 2017, this number will increase to over 100 clinics, as a result of new federal funding for early serious mental illness treatment programs. NIMH's Web site states that the expansion of early intervention clinics across the U.S. offers an unprecedented opportunity to develop a 21st century platform for delivering, studying, and refining evidence-based care for those at greatest risk for early serious mental illness.

AB 1315 creates the Early Psychosis and Mood Disorder Detection and Intervention Fund (EPMD) in the State Treasury. The fund will be created for the purpose of private donations, and the deposit of other federal or state grants as applicable to incentivize research and programs to help young adults suffering from these severely debilitating mental illnesses.

CSAC: Support

RCRC: No position

**SUPPORTING DOCUMENTS**

A . AB 1315 - BILL TEXT - Early Psychosis and Mood Disorders

B . AB 1315 - SENATE ANALYSIS - Early Psychosis and Mood Disorders

Recommendation: Approve

Reviewed By: Molly Rattigan