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OCT 16 2015

NAPA COUNTY
EXECUTIVE OFFICE



County Executive Office
1195 Third Street, Room 310
Napa, CA 94559-3082
(707) 253-4421 FAX (707) 253-4176

**APPLICATION FOR APPOINTMENT TO
BOARD, COMMISSION, COMMITTEE OR TASK FORCE**

PLEASE TYPE OR PRINT (Complete pages 1 through 3)

*Application for Appointment to: (Name of Board, Commission, Committee or Task Force)

Advisory Board on Alcohol and Drug Programs

*Category of membership for which you are applying:
(This information can be found on the news release announcing the opening.
You may apply for more than one category if more than one position is open.)

*Supervisorial District in which you reside:

Napa (4)

*Full Name

Anne Sutkowi - Hemstreet

Date

10/6/15

*Current Occupation (within the last twelve (12) months):

Prevention Program Manager at Napa County Office
of Education

Current License (Professional or Occupational); Date of issue and/or expiration including status:

Education/Experience: (A resume may be attached containing this and any other information that would be helpful to the Board in evaluating your application.)

Master of Public Health
Certified Health Education Specialist
See Curriculum Vitae Attached

Community participation (nature of activity and community location):

Girls on the Run volunteer coach and parent
educator

Other County Board/Commission/Committee on which you serve/have served:

Catalyst Coalition
Up Valley Partnership for Youth (new DFC grant)
Healthy Bodies Coalition

* Denotes Mandatory Entry Required

Application for Appointment to: (Name of Board, Commission, Committee or Task Force)

Advisory Board on Alcohol and Drug Programs

Names, addresses and phone numbers of three (3) individuals familiar with your background:

*Name

Jeannie Pohger

*Name

Christine Timko

*Address

[REDACTED]

*Address

[REDACTED]

*City

Napa

*State

CA

*Zip Code

94559

*City

Menlo Park

*State

CA

*Zip Code

94025

*Telephone

[REDACTED]

*Telephone

[REDACTED]

*Name

Suzette Glasner-Edwards

*Address

[REDACTED]

*City

Los Angeles

*State

CA

*Zip Code

90025

*Telephone

[REDACTED]

Name and occupation of spouse within the last 12 months, if married (for Conflict of Interest purposes):

Allison Hemstreet - Physical Therapist at St Helena Hospital

*Please explain your reasons for wishing to serve and, in your opinion, how you feel you could contribute:

I am very invested in preventing substance abuse and related behaviors, and look forward to any opportunity to contribute to making my community a safer and healthier place for ALL community members. I have over 12 years experience in prevention and treatment of substance abuse and relapse prevention. I have evaluation, research, program development, grant proposal writing, and health education experience, and motivational interviewing experience. I also took several graduate level classes focused on substance use and mental health and prevention. I would be very excited to represent the Napa Education Sector on your very important board.

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Advisory Board on Alcohol and Drug Programs

APPLICANTS APPOINTED BY THE BOARD OF SUPERVISORS WILL BE REQUIRED TO TAKE AN OATH OF OFFICE.

PLEASE NOTE THAT APPOINTEES MAY BE REQUIRED BY STATE LAW AND COUNTY CONFLICT OF INTEREST CODE TO FILE FINANCIAL DISCLOSURE STATEMENTS.

All applications will be kept on file for one year from the date of application

PERSONAL INFORMATION

The following information is provided in confidence to the extent that it will not be posted on the Internet, but may be used by the Board of Supervisors when making the appointment, or be used by the committee/commission/board/task force following appointment for purposes of communicating with the appointee.

Full Name

Anne Sutkowi-Hemstreet

*e-mail Address

[REDACTED]

*Home Address

[REDACTED]

*Work Address

[REDACTED]

*City

Napa

State

CA

*Zip Code

94558

*City

Napa

State

CA

Zip Code

94559

*Telephone

[REDACTED]

Telephone

[REDACTED]

Please Read!

Anne Sutkowi-Hemstreet, MPH, CHES

[REDACTED] Napa, California 94558
[REDACTED]

Education

- 2011 **Master of Public Health, *University of California, Los Angeles***
Los Angeles, California
Department: Community Health Sciences
Concentrations: Behavioral Sciences, Health Promotion and Health Education
Relevant Coursework: Program Planning and Evaluation, Substance Abuse from a
Public Health Perspective, Health-Related Behavior Change, Socio-cultural Aspects
of Mental Health, Grant Writing
- 2004 **Bachelor of Arts, *West Chester University of Pennsylvania***
West Chester, Pennsylvania
Major: Psychology

Professional Certifications

- 2013 **Certified Health Education Specialist, *National Commission for Health Education***
Credentialing

Honors/Awards/Fellowships

- 2011 DHHS/HRSA Public Health Traineeship Award
- 2010-2011 Albert Schweitzer Fellowship
- 2010 Max Factor Family Foundation Scholarship
- 2005 Academic Achievement Award from Department of Psychology
- 2005 Outstanding Contributions to Research Award from Department of Psychology
- 2002-2004 Dean's List
- 2004-2005 Psi Chi Member

Research and Professional Interests

Community and school based health promotion and prevention programs
Substance and alcohol abuse prevention and treatment
Suicide prevention and positive youth development programs
Risk factors for eating disorders
Mental health benefits of physical activity

Professional/Research Experience

- 11/14- **Program Manager (9/15-present)/Evaluation Manager (11/14-8/15),**
Napa County Office of Education, Napa, CA.
Napa County Tobacco Use Prevention Education (TUPE) Coordinator. Manage
substance use prevention programs, including a county-wide prevention curriculum
implementation and community level Drug Free Communities grant. Manage the
evaluation of prevention, wellness, and volunteer programs implemented locally
and statewide in schools and non-profit organizations.

- 02/12-10/14 **Research Associate/Project Manager, *University of North Carolina***, Chapel Hill, NC.
Two AHRQ-funded studies being conducted for the Research Center for Excellence in Clinical Preventive Services.
Manage recruitment of primary care practices, physicians, and 825 of their patients to participate in qualitative interviews or a randomized controlled trial comparing communication strategies about the benefits and harms of screening. Supervise research team; develop protocols; conduct quality management and control procedures; collaborate with team to develop questionnaires; conduct qualitative interviews with patients regarding decision-making about preventive screening services; analyze qualitative and quantitative data; prepare IRB applications and correspondence; monitor project expenditures; write manuscripts, grants, and abstracts; prepare presentations.
- 04/10-04/12 **Co-Founder and Co-Director, *STRIDES***, Los Angeles, CA.
Designed, implemented, and evaluated STRIDES, a positive youth development program for youth at a continuation high school that incorporates skill-building sessions and training for the STRIDES 5k run/walk.
Organized and directed STRIDES 5k Run/Walk, aiming to increase community awareness that suicide is preventable; developed 10-week, 20-session evidence-based curriculum; coached and taught continuation high school students; identified funding sources and prepared grant proposals; recruited community members; corresponded with media outlets; hired and supervised MPH student volunteers. Supported by the Albert Schweitzer Fellowship from 4/10-4/11.
- 08/11-2/12 **Research Specialist/Project Coordinator, *innovation Research & Training (iRT)***, Durham, NC
NIDA-funded, randomized control trial to evaluate the effectiveness of a media literacy, substance abuse prevention program for high school students.
Recruited high schools throughout the United States; coordinated with school administrators, substance abuse prevention specialists, and teachers to recruit schools and establish research protocol in each school district; wrote and prepared grant proposals and manuscripts, prepared documents for iRT and schools' IRBs; collaborated with team to develop media literacy curriculum.
- 05/10-06/11 **Graduate Student Researcher/Project Coordinator, *UCLA Integrated Substance Abuse Programs***, Los Angeles, CA.
NIDA-funded pilot study regarding motivational interviewing and cognitive behavioral therapy as aftercare for participants with dual diagnoses of substance dependence and depression.
Recruited, consented, and interviewed participants.
Assessment skills: PRISM, Mini International Neuropsychiatric Interview (MINI), Hamilton Depression Scale, Addiction Severity Index (ASI)
- 06/10-10/10 **Master of Public Health Intern, *Children's Hospital Los Angeles***, Los Angeles, CA.
Developed a curriculum for healthcare providers about health issues for young sexual minority women; coordinated "The Ticket Youth Conference," a substance

abuse prevention conference for 200 Hollywood youth; provided substance use education and facilitate meetings to assist youth leaders in organizing "The Ticket"; analyzed data and assisted with manuscript preparation.

- 01/10-01/11 **Body Image Program Coordinator, UCLA Bruin Resource Center, Los Angeles, CA.**
Designed and implemented body image and eating disorder prevention programming for UCLA undergraduate students; managed team of undergraduate women as peer leaders for Reflections Body Image Program.
- 10/06-8/10 **Research Health Science Specialist/Project Coordinator, Center for Health Care Evaluation, Stanford University and Department of Veteran Affairs, Menlo Park, CA.**
HSD&D-funded study investigating the effectiveness of intensive referral to self-help groups for veterans with dual diagnosis.
Recruited participants; assessed participants at baseline and follow up through clinical interview assessment; facilitated group sessions about dual diagnosis self-help groups; trained and supervised assessment for study regarding treatment for intimate partner violence and substance abuse; developed and managed databases; analyzed data using SPSS; prepared manuscripts and conference presentations.
Assessment skills: MINI, ASI
- 01/05-07/06 **Research Coordinator, The Renfrew Center, Philadelphia, PA.**
(Research Assistant from 01/05-/4-05)
Supervised data collection from all patients at admission and discharge for residential treatment outcome study; developed computerized data collection instruments and procedures; created and managed databases in SPSS; analyzed data and prepared quarterly reports; presented research findings at various conferences; generated ideas for research projects.
Recruited and assessed participants for a study evaluating the impact of a component of cognitive behavioral therapy, called normalization of eating, in intensive outpatient programs.
Assist with conducting exercise classes and therapy groups.
Assessment skills: Eating Disorder Examination Interview (EDE), Structured Clinical Interview for DSM-IV-TR (SCID)
- 05/04-12/04 **Research Intern (Volunteer), The Renfrew Center, Philadelphia, PA.**
- 01/04-03/06 **Research Assistant/ Graduate Assistant, West Chester University, West Chester, PA**
Assisted in research relating to body image and eating disorders in college students; co-facilitated the Sister-to-Sister Program for prevention of eating disorders in college sororities.

Publications

1. Sheridan, S., Sutkowi-Hemstreet, A., Barclay, C., et al. (in press). A comparative effectiveness trial of alternate formats for presenting benefits and harms information for three low-value preventive services. *JAMA Internal Medicine*.

2. **Sutkowi-Hemstreet, A.**, Vu, M., Harris, R., Brewer, N.T., Dolor, R.J., & Sheridan, S.L. (2015). Adult patients' perspectives on the benefits and harms of overused screening tests: a qualitative study. *Journal of General Internal Medicine*.
3. Elstad, E., **Sutkowi-Hemstreet, A.**, Vu, M., Sheridan, S.L., Harris, R., Reyna, V., Rini, C., Earp, J. & Brewer, N.T. (2015). Clinicians' perceptions of the benefits and harms of prostate and colorectal cancer screening. *Medical Decision Making*. pii: 0272989X15569780. [Epub ahead of print]
4. Timko, C., **Sutkowi, A.**, Cronkite, R., Makin-Byrd, K., and Moos, R. (2011). Intensive Referral to 12-Step Dual-Focused Mutual-Help Groups. *Drug and Alcohol Dependence*, 118(2-3), 194-201.
5. Timko, C., **Sutkowi, A.**, & Moos, R. (2010). Patients with Dual Diagnoses or Substance Use Disorders Only: 12-Step Group Participation and 1-Year Outcomes. *Substance Use and Misuse*, 45(4), 613-27.
6. Timko, C., Cronkite, R., Swindle, R., Robinson, R., **Sutkowi, A.** & Moos, R. (2009). Parental depression as a moderator of secondary deficits of depression in adult offspring. *Child Psychiatry and Human Development*, 40(4), 575-88.
7. Timko, C., **Sutkowi, A.**, Pavao, J. & Kimerling, R. (2008). Women's childhood and adult victimization, mental health, and binge drinking. *Substance Abuse Treatment, Prevention and Policy*, 6(3), 15.

Presentations

1. Sheridan, S., Kernodle, A., & **Sutkowi-Hemstreet, A.** (2015, September). *Exploring Discussions of Ductal Carcinoma In Situ to Understand How to Incorporate Overdiagnosis and Overtreatment into Shared Decision Making*. Oral presentation at the Preventing Overdiagnosis Conference, Oxford, England.
2. **Sutkowi-Hemstreet A.**, Harris R., Brewer N.T., Gizlice Z., Vu M., & Sheridan S.L. (2014, September). *Patients' knowledge about screening and overdiagnosis*. Oral presentation at the Preventing Overdiagnosis Conference, Oxford, England.
3. Kernodle, A., **Sutkowi-Hemstreet, A.**, & Sheridan, S. (2014, September). Communicating about Ductal Carcinoma In Situ (DCIS): A content analysis of discussions between surgeons and patients. Oral presentation at the Preventing Overdiagnosis Conference, Oxford, England.
4. Sheridan S.L., Vu M.B., **Sutkowi-Hemstreet A.**, Brewer N.T., DeFrank J., Barclay C., & Harris R. (2013, September). *Patient's reasons for pursuing diagnosis of harmless and untreatable diseases: Insights on overdiagnosis*. Oral presentation at the Preventing Overdiagnosis Conference, Hanover, NH.
5. Vu, M.B., **Sutkowi-Hemstreet, A.**, Sheridan, S.L. Brewer, N.T., Elstad, E., Lewis, C., Kistler, C.E., Barclay, C., & Harris, R. (2013, September). *How do primary care physicians weigh recommendations to stop PSA screening and patients' requests to be screened?* Oral Presentation at the Preventing Overdiagnosis Conference, Hanover, NH.
6. Elstad, E.A., Vu, M.B., **Sutkowi-Hemstreet, A.**, Sheridan, S.L., Lewis, C.L., Harris, R., & Brewer, N.T. (2013, June). *Harms of Prostate and Colorectal Cancer Screening Identified by Clinicians*. Poster presented at AcademyHealth Annual Research Meeting, Baltimore, MD.
7. Elstad, E.A., Vu, M., **Sutkowi-Hemstreet, A.**, Sheridan, S.L., Lewis, C., Harris, R., & Brewer, N.T. (2013, May). *To screen or not to screen? Clinician perspectives on the harms and*

- benefits of PSA testing*. Poster presented at UNC Lineberger Cancer Center's Annual Scientific Retreat. Chapel Hill, NC.
8. **Sutkowi, A.**, Vu, M., Harris, R., Brewer, N. & Sheridan, S. (2013, February). *Patient and Physician Perspectives on Screening: Implications for Efforts to Reduce Overuse of Harmful Preventive Screening*. Poster presented at American College of Preventive Medicine Conference, Phoenix, AZ.
 9. Sheridan, S., Vu, M., **Sutkowi, A.**, Harris, R., & Brewer, N. (2012, August). *Patient Perspectives on Screening: A Qualitative Study Illuminating Where Patients May Need Our Help*. UNC Division of General Internal Medicine, Chapel Hill, NC.
 10. **Sutkowi, A.** & Roberts, A. (2011, October). *Strides: Individual- and community-level suicide prevention for at-risk youth*. Poster presented at American Public Health Association Conference, Washington, D.C.
 11. **Sutkowi, A.** & Roberts, A. (2011, April). Get Your Passion Off the Ground: Creating Your Own Community Event, Project or Campaign. Panelist at West Hollywood Women's Leadership Conference, Los Angeles, CA.
 12. **Sutkowi, A.** & Timko, C. (2009, June). Homeless, Alcohol-Abusing Veterans and Engagement in Treatment by Outreach Events. Poster presented at Research Society on Alcoholism Conference, San Diego, CA.
 13. Timko, C., **Sutkowi, A.**, & Moos, R. (2009, June). 16 Year Trends in Assault- And Police-Related Problems Due to Drinking Among Women and Men. Poster presented at Research Society on Alcoholism Conference, San Diego, CA.
 14. **Sutkowi, A.**, Timko, C., Pavao, J., & Kimerling, R. (2008, June). Women's childhood and adult victimization, mental health, and binge drinking. Poster presented at Research Society on Alcoholism Conference, Washington, D.C.
 15. Timko, C. & **Sutkowi, A.** (2008, June). Dually Diagnosed Veterans' 12-Step Group Participation and Outcomes Over One Year. Symposium presented at Research Society on Alcoholism Conference, Washington, D.C.
 16. Timko, C., **Sutkowi, A.**, Fung, K., & Lemke, S. (2007, August). Evaluating an intervention to engage homeless, substance abusing veterans in treatment. Symposium presented at American Psychological Association Conference, San Francisco, CA.
 17. Bonifazi, D., **Sutkowi, A.**, Forry, M., & Cavanagh, R. (2006, March). Magazine readership and body dissatisfaction. Poster presented at Eastern Psychological Association Conference, Baltimore, MD.
 18. **Sutkowi, A.** (2005, November). The Renfrew aftercare study: An investigation of the Maudsley method approach to family therapy. Poster presented at The Renfrew Center Foundation Conference, Philadelphia, Pennsylvania.
 19. Davis, W.N., Saltzman, C. & **Sutkowi, A.** (2005, November). Some promising developments in eating disorders treatment research: Clinical implications. Poster presented at The Renfrew Center Foundation Conference, Philadelphia, Pennsylvania.
 20. Bonifazi, D.Z., Allen, A., Pinkowicz, D., Cavanagh, R., Zemlanicky, A., **Sutkowi, A.**, & Uhlenbrock, S.J. (2005, March). Body dissatisfaction in college students across a decade. Poster presented at the Eastern Psychological Association Conference, Boston, Massachusetts.

Teaching Activities

1. **Sutkowi, A.** (2011, April). Fat Talk Free. Presentation and discussion for UCLA male undergraduate students. Los Angeles, CA.
2. **Sutkowi, A.** (2011, February). Fat Talk Free. Presentation and discussion for UCLA male undergraduate students. Los Angeles, CA.
3. 1/10-3/10 Teaching Assistant, University of California, Los Angeles.
Body Image Fiat Lux Seminar
Instructor: Jill DeJager
4. **Sutkowi, A.** (2008, October). Eating Disorders. Guest Lecturer for Behavior Problems in Children course at San Francisco State University. San Francisco, CA.
5. **Sutkowi, A.** (2008, August). Eating Disorders. Guest Lecturer for Behavior Problems in Children course at San Francisco State University. San Francisco, CA.
6. **Sutkowi, A.** (2007, October). *Eating Disorders*. Guest Lecturer for Advanced Psychopathology graduate course at San Francisco State University. San Francisco, CA.
7. **Sutkowi, A.** (2007, August). *Eating Disorders*. Guest Lecturer for Behavior Problems in Children course at San Francisco State University. San Francisco, CA.
8. **Sutkowi, A. & Dipasquale, L.** (2006, February). *Eating Disorders*. Presentation for educators at Chester County Intermediate Unit. Exton, Pennsylvania.
9. Dipasquale, L. & **Sutkowi, A.** (2005, July). *Eating Disorders*. Presentation for educators at Chester County Intermediate Unit. Exton, Pennsylvania.
10. Uhlenbrock, S.J. & **Sutkowi, A.** (2004, May). *Excessive exercise and eating disorders*. Presentation at Villa Maria Academy. Malvern, Pennsylvania.

Volunteer Activities

11/14- **Parent Educator**, *Girls on the Run*, Napa, CA.

Facilitate Body Talk discussions about body image and parenting for girls.

9/14- **Coach**, *Girls on the Run*, Napa, CA.

3/14, 3/15 **Abstract Reviewer**, American Public Health Association Conference, Mental Health Section.

10/11-6/12 **Committee Member**, *Triangle Consortium for Suicide Prevention*, Durham, NC.

Organized the annual AFSP Out of the Darkness Suicide Prevention Walk. Managed TCSP funds obtained through fundraising and event participation fees.

01/10-6/10 **Program Evaluation Committee Leader**, *UCLA Mobile Health Clinic*, Los Angeles, CA.

Designed and conducted program evaluation of UCLA Mobile Health Clinic. Managed proposal writing, assessment, data entry and analysis.

10/09-6/11 **Graduate Student Representative**, UCLA Eating and Activity Task Force.

04/08-05/09 **Head Coach**, *Girls on the Run*, Menlo Park, CA.

08/06, 08/08 **Volunteer**, *East Bay Stand Down*, Pleasanton, CA.

Assist veterans in writing letters to family members and loved ones. Assist veterans in locating services.

Professional Memberships

01/10- American Public Health Association, member.