



A Tradition of Stewardship
A Commitment to Service

County Executive Office
1195 Third Street, Room 310 Napa, CA 94559-3082
(707) 253-4421 FAX (707) 253-4176
APPLICATION FOR APPOINTMENT TO
BOARD, COMMISSION, COMMITTEE OR TASK FORCE

RECEIVED

OCT -2 2015

NAPA COUNTY ^{CAFA}
EXECUTIVE OFFICE

PLEASE TYPE OR PRINT (Complete pages 1 through 3)

NOTE: Applications are public records that are subject to disclosure under the California Public Records Act. Information provided by the applicant is not regarded as confidential except for the addresses and phone numbers of references and the applicant's personal information including home and work addresses, phone numbers and email address.

PLEASE NOTE THAT APPOINTEES MAY BE REQUIRED BY STATE LAW AND COUNTY CONFLICT OF INTEREST CODE TO FILE FINANCIAL DISCLOSURE STATEMENTS.

For information about Form 700 Conflict of Interest Code click on this link [Committee List of Form 700 Filers](#)

*Application for Appointment to: (Name of Board, Commission, Committee or Task Force)

Napa County Mental Health Board

*Category of membership for which you are applying:

(This information can be found on the news release announcing the opening.
You may apply for more than one category if more than one position is open.)

Interested Concerned Ctn

*Supervisorial District in which you reside:

4

*Full Name:

Terri Restelli-Deits

*Date:

10/2/2015

*Current Occupation: (within the last twelve (12) months)

Social Worker

*Current License: (Professional or Occupational, date of issue and/or expiration including status)

*Education/Experience: (A resume may be attached containing this and any other information that would be helpful to the Board in evaluating your application.)

Masters in Social Work, U.C. Berkeley's School of Social Welfare
BA in Psychology, Dominican University of San Rafael

*Community Participation: (Nature of activity and community location)

I have been a long time advocate for consumers and providers of mental health. I served/participated in many stakeholder groups and served on committees aimed at improving behavioral health services

*Other County Board/Commission/Committee on which you serve/have served:

Napa County Commission on Aging , Napa Latino Elder Coalition
LAPS Assisted Pet Therapy, Leadership Napa Valley
CA Elder Justice Coalition, CA Collaborative for LTSS
MHSA SAC , MHSOAC svc cte

*Application for Appointment to: (Name of Board, Commission, Committee or Task Force)

Napa County Mental Health Board

Names, addresses and phone number of three (3) individuals familiar with your background:

*Name:

Heather Stanton

*Address:

[REDACTED]

*City:

Napa

*State:

CA

*Zip Code:

94559

*Telephone:

[REDACTED]

*Name:

Naomi Dreskin-Anderson

*Address:

[REDACTED]

*City:

Napa

*State:

CA

*Zip Code:

94559

*Telephone:

[REDACTED]

*Name:

Rocky Sheridan

*Address:

[REDACTED]

*City:

Napa

*State:

CA

*Zip Code:

94558

*Telephone:

[REDACTED]

Name and occupation of spouse within the last 12 months, if married (For Conflict of Interest purposes):

Rob Deits, Self emp Napa Bus. Owner-Hide & Leather House

*Please explain your reasons for wishing to serve and, in your opinion, how you feel you could contribute:

As a concerned actively involved community citizen, I believe that I can be an advocate for consumers and families. As a social worker for QVMC, I encounter many patients who have mental illness in need of services. I am longtime advocate and voice

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Napa County Mental Health Board

APPLICANTS APPOINTED BY THE BOARD OF SUPERVISORS WILL BE REQUIRED TO TAKE AN OATH OF OFFICE.

All applications will be kept on file for one year from the date of application.

PERSONAL INFORMATION

The following information is provided in confidence, but may be used by the Board of Supervisors when making the appointment, or be used by the Committee/Commission/Board/Task Force following appointment for purposes of communicating with the appointee.

*Full Name:

Terri Restelli-Deits

*email Address:

[REDACTED]

*Home Address:

[REDACTED]

*Work Address:

[REDACTED]

*City:

Napa

*State:

ca

*Zip Code:

94558

*City:

Napa

*State:

CA

*Zip Code:

94558

*Telephone:

[REDACTED]

*Telephone:

[REDACTED]

Terri Restelli-Deits, MSW

Social Worker/Patient Counselor Per Diem, Queen of the Valley Medical Center

7/15 – current, Duties include:

- Work with patients admitted to the hospital families, and caregivers and provide counseling.
- Conduct psychosocial assessments and development of discharge plans, linkage to services and resources.
- Work with an interdisciplinary team of doctors, nurses, and community partners including QVMC Community Outreach, Napa County Drug & Alcohol Services, H&HS social service departments, Clinic Ole, and other organizations

Social Worker/Per Diem, LifeLong Medicare Care, Marin Adult Day Health Center

3/14 – current. Duties include:

- Enrollment and discharge of adult day health center participants. Person centered care.
- Conduct home assessment visits.
- Psychosocial assessments and development of care plans for participants.
- Work as a member of a multidisciplinary team of nurses, physical and occupational therapists, activity directors, CNAs, administrative staff.
- Work together with caregivers, families, and various healthcare and community based service providers to coordinate participant's care.
- Provide and link caregivers to social support services and resources.

Consultant

6/11 – current

Provide consulting services in strategic planning, coalition building, program development and evaluation. Most recently served as a paid consultant for the California Elder Justice Coalition.

Social Worker/Discharge Planner, St. Helena Hospital's Acute Behavioral Health Unit

10/12-11/12, Per Diem brief assignment covering for staff on maternity leave. Duties included:

- Assessed patients admitted to the Behavioral Health Unit for psychiatric evaluation.
- Developed discharge care plans.
- Served on a multidisciplinary team.
- Coordinated discharge activities with families and service providers within the mental health specialty hospital's regional-wide service area covering numerous counties in California.

Planner, Area Agency on Aging Serving Napa and Solano (AAA)

10/03 – 05/11 Duties included:

- Responsible for developing Area Agency on Aging Area Plan describing AAA's future activities involving and serving older adults, persons with disabilities and caregivers, identify needs and address concerns consistent with the Older American's Act to enable communities to plan for the future. The plan is a public record approved by California Department of Aging.
- Responsible for Area Plan Program Development and Program Coordination activities and oversight over the AAA Management Information System (MIS) and provider performance

measures; supervision of AAA contract monitoring, needs assessment, and evaluation functions; research and analysis; grant-writing and resource development; and other related functions. Supervise MIS Coordinator and Contract Specialist.

- Served as program manager for two very successful grant funded programs (2006-5/2011):
 - 1) Served as Program Director for the Solano Financial Abuse Specialist Team (FAST) funded under the Archstone Foundation, responsible for establishing and supervising a FAST team, consisting of one coordinator, an administrative assistant, and over 40 multidisciplinary consultants working together to prevent elder abuse through community education and assistance with complex financial abuse cases. The program recovered and/or preserved over \$20 million dollars of vulnerable seniors' assets, gained worldwide recognition and received local and statewide awards. This best-practice program was replicated in Napa County.
 - 2) StopFalls Napa Valley Fall Prevention Coalition and Program: provided oversight for a 30 member Coalition (funded by Archstone Foundation), and served as lead in planning, developing and implementing a newly established evidence-based Fall Prevention Program in Napa through funding from a local hospital and Napa County Master Tobacco Settlement funds (\$65,000). Coordinated with a local hospital and community long term services and support providers towards developing a continuum of care fall prevention program to coordinate care from discharge to home.
- Was instrumental in planning, development, implementation and fund procurement for two Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) programs in Solano (\$895,000) and Napa Counties (\$100,000+).
- Acted as agency's spokesperson. Held public hearings. Kept apprised of legislation impacting seniors, caregivers, and persons with disabilities and inform staff, advisory council, providers, and community partners of proposed changes in legislation.
- Participated in community meetings and worked collaboratively with community partners on projects that benefit older adults, persons with disabilities, caregivers, low-income and vulnerable populations: Served actively on the Solano County Senior Coalition; was appointed to Napa and Solano County Mental Health Services Act MHSA stakeholder planning and advisory committees and in 2010 was appointed to the state's Mental Health Oversight Accountability Commission MHOAC Services Committee serving in the seat designated for "representative for older adults;" Solano Family Justice Center Planning Committee, Napa Commission on Aging, Napa County Elder Abuse Prevention Council, California Elder Justice Coalition (CEJC), Napa Healthy Aging Population Initiative (HAPI) Committee, and other strategic planning, stakeholder and advocacy groups.

Case Management Social Worker/Discharge Planner

St. Helena Hospital, Deer Park

6/03 – 9/03

- Assessed and addressed unmet needs for all patients in the Medical Surgical, Monitored Care, Intensive Care, and Transitional Care units to ensure safe and appropriate discharges.
- Acted as liaison between community resources, patients/family, physicians, home health department, hospice, and case management staff. Educated patients/family and healthcare providers.
- Participated in the utilization review for clinical/medical necessity and the appeals process.
- Collaborated with physicians, staff, support liaisons, other interdisciplinary team members, and community service providers.

- Served as a member on the Bioethics Committee, Social Services Committee, Abuse Prevention Policy and Procedure Committee, and Long Term Care Integration Task Force.

Case Manager – Linkages – per diem

Area Agency on Aging Serving Napa Solano, Vallejo

- Provided comprehensive case management services for elderly and adults age 18 and older who are at risk of institutionalization, and who would otherwise have difficulty living independently, to enable them to remain in the least restrictive setting in the community. Conducted assessments, developed and monitored care plans.

**Social Work Intern – Comprehensive Services for Older Adults, Napa County Health and Human Services, Geropsychiatric Case Manager and Adult Protective Services (APS) Worker
9/02 – 5/03 (Three days a week, 8:00-5:00)**

- Under supervision of licensed clinical staff, provided case management and consultation to individuals 62 years of age and older who suffer from mental illness and/or Alzheimer's disease or related cognitive/health disorders. Provided Adult Protective Services to remedy or reduce danger to elder and dependent adults.
- Conducted needs assessments, reassessments, care plan interventions and monitoring, crisis intervention, counseling, remedial and preventative social work activities, placement, representative payee oversight, LPS conservatorship monitoring, collaboration with health and mental health providers, APS investigations, emergency shelter and in-home protection, mobilizing client's informal support systems when possible, and resource referral and coordination in order to provide a continuum of care. Documented interventions and activities using CDT software, complying with all rules and regulations.
- Served as a member on Partnership HealthPlan of California's Long Term Care Integration Task Force. Attended Department of Social Service Central Regional Meetings.

Case Manager – Multipurpose Senior Services Program (MSSP)

Area Agency on Aging Serving Napa Solano, Vallejo

4/02 – 8/02 (Summer position while in graduate school)

- Provided comprehensive case management to frail seniors at risk of institutionalization to help them live comfortably and safely in their own homes, while sustaining as much independence as possible. Linked clients to community resources. Conducted assessments and reassessments to identify client's unmet needs and problems, functional capacity to live independently, and analyze social and environmental systems. Assessed client's cognitive status, psychological functioning, and functional activities of daily living (ADL) and Instrumental Activities of Daily Living (IADL) status.
- Developed and monitored care plans. Provided support and counseling to clients and families, and crisis intervention as needed. Collaborated with health, mental health, and community service providers. Worked together with an interdisciplinary team.
- Documented all interventions and activities following compliance regulations, and State mandated documentation guidelines.
- Authorized use of MSSP funds for vendor purchased services, verified, and tracked costs.

Social Work Intern – Multipurpose Senior Service Program (MSSP)

Jewish Family and Children Services, Seniors-At-Home, Marin

10/01 – 4/02

- Care Management for frail seniors age 65 or older to maintain their independence and dignity in community settings by preventing or delaying avoidable nursing facility placement. Tasks included: beneficiary assessment; person-centered care planning; service arrangement, delivery and monitoring; as well as coordinating the use of existing community resources.

Social Work Intern – Multipurpose Senior Services Program (MSSP)

Area Agency on Aging Serving Napa Solano

10/00 – 8/01

- MSSP Waiver Care Management as described above.

Therapeutic Activities Intern – Veteran’s Home of California, Yountville

5/00 – 9/00

- Provided psychosocial services for skilled nursing, intermediate care, and assisted living residents under supervision of activities department and unit LCSW.
- Provided systematic evaluations under direction of staff Psychologists. Performed interventions and informal counseling for residents who were diagnosed with major mental illness.
- Monitored residents who were at risk for depression or suicide.
- Provided support group services, co-facilitated reflections therapeutic group sessions.
- Facilitated personal computer training classes for residents.

Programmer/Analyst – Fair Isaac Companies, Inc. (FICO)

6/77 – 8/01

- Programmer/Analyst responsible for development of programs for behavioral analysis management decision-making software tools used by large worldwide financial institutions and insurance companies analyzing consumer data for credit or fraud risks.

Personal Caregiver for Parents

I was a caregiver for my mother who had terminal cancer (1988-1989), and for my father, who suffered from a stroke with residual expressive aphasia resulting in total loss of speech and written communication skills (1994-2000).

Education:

- M.S.W. University of California at Berkeley, School of Social Welfare, Specialization in Gerontology, Graduated Spring 2003
- B.A. in Psychology, Dominican University of California, San Rafael; was one of ten students nominated for the student of the year award; and was awarded the Bob Shukraft Award for Excellence in the Senior Thesis by the Dominican University Department of Psychology, Graduated Spring 2001

Affiliations:

California Collaborative for Long Term Services & Supports (LTSS)
 California Elder Justice Coalition Executive (CEJC) committee member and consultant
 Latino Elder Coalition member
 LAPS Assisted Pet Therapy Certified Team member
 Leadership Napa Valley (Class 27 graduate)
 National Association of Social Workers (NASW) member

Napa County Commission on Aging Commissioner (Chairperson 2014-current)
Napa County Elder Abuse Prevention Council
Napa County Mental Health Services Act Stakeholder Advisory Committee
Napa Toastmasters (Former Officer Vice President Public Relations)
Psi Chi National Honor Society in Psychology member

References:

- Dawn Bennett
Queen of the Valley Medical Center
[REDACTED]
- Holly Rylance
Regional Director
Lifelong ADHC - Novato
[REDACTED]
- Marty Lynch
Executive Director/CEO
LifeLong Medical Care
[REDACTED]
- Candy Akman, MFT
Napa County Health & Human Services
[REDACTED]
- Naomi Dreskin-Anderson
[REDACTED]
- Lin Benjamin, MSW, MHA
California Department on Aging
Sacramento, CA 95864
[REDACTED]