



A Tradition of Stewardship
A Commitment to Service

THE BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA

National Childhood Obesity Awareness Month - September 2013

WHEREAS, the month of September 2013, is National Childhood Obesity Awareness Month, and childhood obesity is a serious public health issue in Napa County and across the United States; and

WHEREAS, obesity affects millions of children and teenagers, raising their risk of developing serious health problems, including diabetes, cancer, asthma, heart disease, and high blood pressure; and

WHEREAS, only 55% of Napa County children consume the recommended five or more fruit and vegetables per day while 59% of children under 18 consume fast food at least once a week, and only 29% of low income infants are exclusively breastfed for 6 months, which reduces later risk of obesity; and

WHEREAS, 18% of Napa County's low income preschool children ages 2 to 4 are obese, and a staggering 42% of Napa County 5th, 7th and 9th graders are overweight or obese; and

WHEREAS, we all share in the responsibility of helping our County's children enjoy longer, healthier lives.

NOW, THEREFORE, the Napa County Board of Supervisors hereby proclaims the month of September 2013 as National Childhood Obesity Awareness Month in Napa County and calls upon the people of Napa County to observe this month by helping our families, friends, neighbors, co-workers and leaders to learn about, support and engage in activities that promote healthy eating and greater physical activity by all our County's children.

Chairman Brad Wagenknecht
NAPA COUNTY BOARD OF SUPERVISORS