

# Proclamation



A Tradition of Stewardship  
A Commitment to Service

THE BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA

## Rethink Your Drink Month—July 2012

**WHEREAS**, 62% of adults in Napa County are overweight or obese according to body mass index (BMI), and 16.6% of children aged 2-4 living in low-income households in Napa County are obese; and

**WHEREAS**, 41.5% of children living in Napa County drink one or more sugar-sweetened beverage every day; and

**WHEREAS**, sugar-sweetened beverage consumption adds to total caloric intake and increases mean body mass index and incidence of obesity; and

**WHEREAS**, the Centers for Disease Control and Prevention, the U.S. Surgeon General, and the Institute of Medicine recommend reducing consumption of sugar-sweetened beverages as a critical strategy to reverse the epidemic of overweight and obesity in our nation, especially among our children.

**NOW, THEREFORE**, I, Chairman Keith Caldwell, on behalf of the the Napa County Board of Supervisors, hereby proclaim the month of July 2012 as *Rethink Your Drink Month* in Napa County and call upon the people of Napa County to '*Rethink Your Drink*' by *limiting sugar-sweetened beverages* and opt for healthy alternatives, and help our families, friends, neighbors, co-workers and leaders better understand the health and economic impacts of drinking sugar-sweetened beverages.

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Chairman Keith Caldwell

NAPA COUNTY BOARD OF SUPERVISORS