



A Tradition of Stewardship
A Commitment to Service

THE BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA

WHEREAS, 1525 babies are born in Napa County each year and the maternal health and, more specifically, the mental health of women before, during, and after pregnancy is an issue of great concern to women and their families and is, therefore, of interest to the County of Napa; and

WHEREAS, between 10 and 20 percent of new and expectant mothers are affected by Perinatal Depression and related mood disorders, and they may experience associated symptoms which are often overlooked and heavily stigmatized because new and expectant mothers suffering from a perinatal mood disorder often feel confused, ashamed, and isolated; and

WHEREAS, Junior Leagues of California State Public Affairs Committees sponsored ACR 105, establishing May as Perinatal Depression Awareness Month throughout California; and

WHEREAS, Perinatal Depression can have a profound impact on the family and significantly contribute to adverse developmental and behavioral outcomes and attachment disorders in the young children of affected women; and Perinatal Depression is highly treatable with therapeutic intervention such as medication, professional therapy and counseling, support groups and community support services including crisis hotlines.

NOW, THEREFORE, I, Bill Dodd, Chairman of the Napa County Board of Supervisors, do hereby proclaim May 2011 as *Perinatal Depression Awareness Month* in Napa County, with the goal of increasing public awareness, understanding, and support mothers and their families.

Bill Dodd, Chairman

NAPA COUNTY BOARD OF SUPERVISORS