



A Tradition of Stewardship  
A Commitment to Service

**THE BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA**

**WHEREAS**, Mental Health Month provides an excellent public education opportunity to highlight the realities of mental illness in our community and to illustrate the importance of good mental health in the lives of all, especially given the challenging times we are living in today; and

**WHEREAS**, the philosophy of Wellness and Recovery promotes the belief that individuals can learn to live with their mental illness, have fulfilling lives, and continue their journey with greater support and freedom to be who they are; and

**WHEREAS**, an estimated 26.2% of Americans ages 18 and older, or about one in four adults, suffer from a mental disorder like depression, schizophrenia, bipolar disorder or anxiety disorders; and the State Department of Mental Health estimates that 887 youth and 1,612 adults living at or below the poverty level in Napa County have a serious emotional disturbance or serious mental illness; and

**WHEREAS**, the mission of the County's Mental Health Division is to responsibly provide mental health services that promote individual strengths, inspire hope, and improve the quality of life for people within Napa County.

**NOW, THEREFORE**, I, Bill Dodd, Chair of the Napa County Board of Supervisors, do hereby proclaim the Month of May, 2011, as *Mental Health Month* in Napa County, with the goal of increasing public awareness, understanding, support and recognition of the potential for individuals to experience recovery from their mental illness.

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**Bill Dodd, Chairman**

NAPA COUNTY BOARD OF SUPERVISORS